



## Impact and outreach

**Pahal**  
(awareness sessions)

**10** Sessions  
**243** Adults

**Leher**  
(capacity building and training programme)

**2** Collaborations  
**23** Counselors

**35** Adolescents

### Baatcheet Live

**1** Session  
**21** Adults

## BAATCHEET

A Baatcheet session on 'Safety Issues related to gender based violence in Haryana' was organised for organisations working on gender in Haryana. The organisations included Navjyoti Foundation, SMART, Gender Lab, Etasha Society, Breakthrough and Laksh Foundation. The organisations spoke about their interventions in place, their demography, issues arising and cases they encounter and the challenges they face while working in communities. It was recognised how the chaupal (a common place) is an extremely political and gendered place in the community that perpetuates gender inequality and provides no place for expression to children. From women being restrained to step upon the chaupal to different castes having their separate chaupals.



A typical chaupal in rural Haryana

One important lesson that organisations learned was that they did not have knowledge of other organisations working towards similar development and social goals in the same region. We are thankful to all the organisations for sharing their insights and time and making our Baatcheet a success. These small initiatives together facilitate shared knowledge and collective action.

As we approach the last quarter of the financial year, a special thanks to our partners and supporters who've been with us throughout our journey.

## PAHAL



Session with Etasha Society's Youth trainees

Between January to March, we reached out and facilitated awareness sessions broadly focusing on personal safety, child protection and creating safe classrooms. We facilitated 10 sessions with 3 organisations and 1 college.

### Etasha Society

Our monthly sessions with the Etasha Society's Youth Trainees for their B SMART Job Readiness course were continued. Two of these sessions were conducted online and one session for their Mongolpuri, Delhi center was conducted in person. The sessions catered to providing an overview of the POSH Act, safe relationships and online abuse and exploitation.

### Aditya Birla Education Academy

We conducted an awareness session with students undertaking the Advanced Certificate Course in Education by Aditya Birla Education Academy. The participants were students enrolled in B.Ed and M.Ed programmes. The session focused on creating a safe learning environment for classrooms and recognising abuse along with sharing informative tools and healthy classroom practices.

### Uninhibited

We educated around 39 team members in two sessions of community field teams of Uninhibited working on menstrual, sexual and reproductive health (MH and SRH) in marginalised communities across different states in India. The field team members were based in Maharashtra, Madhya Pradesh, Karnataka and Jharkhand. The session, although in Hindi, was translated alongside in Kannada. The session focused on POSH Act and responding to disclosures of abuse.

“मुदिता फाउंडेशन के साथ में मेरी अनुभव बहुत अच्छा रहा और बहुत अच्छा कार्य कर रही है बाल सुरक्षा समिति तैयार कर सकते हैं जिसमें एक डॉक्टर एक वकील एक पुलिस और कम्युनिटी के लोग रख सकते हैं इससे हमारे साथ कोई भी बस्ती में शोषण हो रही है तो हम तत्काल इन्फॉर्म कर सके और हमें मदद मिल सके.” – Community field team member, Uninhibited

### Here and Beyond

An online session was conducted with Here and Beyond's (HAB) experiential educators. HAB takes school students on adventurous journeys across India through time-bound trips focusing on outdoor experiential education.

“Mudita Foundation is doing a great job by spreading awareness on very important and sensitive social issues like child abuse, human trafficking etc. I have witnessed such incidents and myself experienced all forms of child abuse as child and did nothing about it. Being aware of one's legal rights becomes so important here. It would be a great pleasure to be part of such NGOs and work for the cause.” – Participant, Here and Beyond

“Everything was explained in such a lucid way and in exact context to the industry we are working for. The program was highly interactive and engaging. After this session I can confidently say that I can use the knowledge not only in our workplace but also in general life to help any child in need. Special thanks to Neha.” – Participant, Here and Beyond



An awareness session at Shyamal Saraswati Maha Vidyalaya, Bulandshahr

### Shyamal Saraswati Mahavidyalaya

A new collaboration with Shyamal Saraswati Mahavidyalaya, Bulandshahr, Uttar Pradesh was initiated. On our first visit, two sessions were held with students of M.Sc Chemistry, M.Sc Maths, M.Sc Biotech, M.A. Sociology and M.A. Home Science. The session focused on imparting awareness on personal safety, safe relationships, POSH Act, and the 5 D's of bystander intervention.

“This session was really awesome. I got to know several new things which I generally thought are basic. So, I'm really grateful to you. From today I ought to be emotionally available to the people around us.” – Participant, SSMC

“सुरक्षा है मेरा हक!” – Participant, SSMC

## LEHER

We embarked on two new Leher collaborations in the final quarter of the year.



Leher with Remedial and computer teachers and counsellors at Etasha Society

### Etasha Society

In January, we conducted a day-long session for Etasha Society's Haryana school team of counsellors, remedial and computer teachers of Gurugram, Palwal and Patnaudi. The teachers were trained to understand the realities of child abuse, identify and respond in case of disclosure of abuse. The session ended with teachers setting their personal goals for the coming two months for creating safer classrooms.

### Navjyoti India Foundation (Urban)

In March we conducted a 2+2 days capacity building session for the office bearers and faculty team of Navjyoti India Foundation - Urban Baal Gurukul programme. These young individuals from the community volunteer with Navjyoti India Foundation for teaching children within the community. They were between the age group of 13-18 years along with their registrar (above

18 years). The dynamic group of reflected and identified spaces and actions within their personal daily lives where they feel unsafe. They further brainstormed on how they can keep themselves safe in situations of risk.

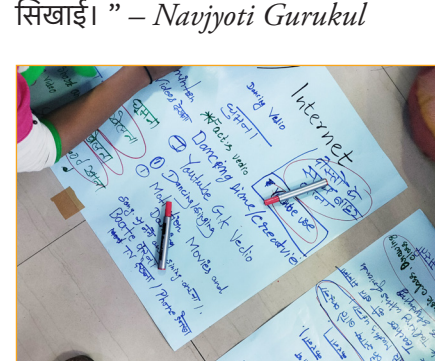
The team of young volunteers then conducted a pilot survey to understand the risks that are prevalent within their community. Each one of them interviewed 6 girls and boys in their community, and the data was later collated for interpretation by them. They jointly deciphered how the majority of students within the community did not have knowledge of the schemes rolled out by the government or their rights. They also observed how most of the children within the community spent an hour to more than six hours on the internet by playing games, using social media or watching/creating videos and how they aren't a part of an organization where they can raise their concerns related to safety. Post the analysis, they acknowledged their experiences while conducting the survey and contemplated what can be done to minimise risk and increase awareness.

The young volunteers then created action plans and were further divided into groups of their choice for taking ahead the concept of safety within their community through surveys, rallies, stories, posters and street plays. A followup would be done post 6 months.

“सबसे पहले thankyou मुदिता फाउंडेशन की हमें इतने अच्छे ट्रेनर को भेजने के लिए और मेरी जानकारी जितनी भी थी वह बहुत कम थी और यह ट्रेनिंग लेकर और ज्यादा बढ़ गई है। मुझे पता भी नहीं था कि हमारी सरकार ने भी बच्चों के लिए अलग से कानून बनाये है तो मेरे को बहुत साड़ी जानकारी ट्रेनिंग क द्वारा मिली। एक बार और और thankyou मुदिता फाउंडेशन आने के लिए और Navjyoti को भी thankyou की उन्होंने ये ट्रेनिंग हमारे पास पहुंचाई।”

– Navjyoti Gurukul

“मुझे ऐसा पहली बार सेशन मिला जिसमें हर तरह की अधिकार के बारे में और हर तरह के शोषण के बारे में पता चला और ma'am ने हमें बहुत सारे गेम्स के जरिये बहुत चीजे सिखाई।” – Navjyoti Gurukul



Students identifying unsafe spaces in their daily routine

“मुझे यह 4 दिन की ट्रेनिंग बहुत पसंद आई यह मेरे लिए बहुत लाभदायक है और मेरे सभी दोस्तों के लिए भी। मुझे शोषण के सभी टॉपिक अच्छी तरह से समझ आ गई है। अब मैं और भी ज्यादा सतर्क और जागरूक हो चुकी हूँ। मैं नेहा मैडम और कशिश मैडम का धन्यवाद करना चाहती हूँ। मुझे बहुत अच्छा लगा की मुदिता फाउंडेशन शोषण के विषय पर काम करती है ताकि बच्चे सुरक्षित रहें।”

– Student Navjyoti Gurukul

“मुदिता के द्वारा POCSSO के ऊपर जो वर्कशॉप की वो हमारे लिए उपयोगी साबित होगी। हमें पता लगा की हम किस तरह से हेल्प कर सकते हैं जिन बच्चों का एब्यूज किया जा रहा है। मुझे बच्चों और महिलाओं से संबंधित कुछ एक्ट्स के बारे में पता चला जो की मुझे नहीं पता थी”

“Mudita Foundation team delivered the workshop in a very simple way that everyone should actively participate. Made easy to memorized the flowchart to resolve the problem or gave the right direction to the case.”

– Teacher, Etasha Society

## The Safe Spaces Project

We have successfully completed a year of our pilot project in Mangar village, Haryana in collaboration with Laksh Foundation. A three day puppetry camp for the adolescent girls and boys was conducted in January by Ms Abha Jeurkar, from Mudita Foundation, who is also a Play for Peace facilitator. The three days were filled with inclusive and interactive activities along with the participants preparing their own puppets and showcasing a puppet show at the chaupal (a common place) of the village. The puppet show used stories identified by the children on topics ranging from domestic violence, child marriage to online exploitation. The puppet show was a boost in confidence for the students, with many realising and acknowledging



Making faces of puppets through paper mache

how married women are frowned upon from stepping on the chaupal. The participants also prepared plans towards taking their puppet shows to other villages and schools.

“मैंने यहाँ कठपुतली बनाया और सीखा और कठपुतली का खेल देखा जो मुझे सबसे अच्छा लगा। कुछ ऐसे खेल खेले जिनमे मुझे बहुत मजा आया और मुझे सारे लोगों से मिलकर बहुत अच्छा लगा। हम सभी ने गांव में जाकर कठपुतली का खेल दिखाया जो की बहुत अच्छा और मजेदार था।” – Student, Laksh Foundation



Students showcasing their puppets post the puppet show

“मुझे सबसे अच्छी बात यह लगी की आपने हमारे अंदर जगूकता पैदा की। कुछ अच्छा करने की इच्छा जगाई। आप लोग हमारे गांव के लिए क्या-क्या कर रहे है यह बहुत अच्छी बात है ताकि लोग गांव में हो रहे इन अत्याचारों से सावधान हो जाये। आप लोग का एक दोस्त की तरह व्यवहार करना बहुत बढ़िया लगा। जो आपने नए नए गेम खिलाए बहुत मजा आया। हमने पहले कभी कठपुतली का खेल नहीं खेला हमारे साथ खेलकर बहुत मजा आया इससे हमारे गांव वालों को भी खुशी हुई। हमारे को इस चीज के लिए ट्रेनिंग देने के लिए धन्यवाद।” – Student, Laksh Foundation

“मुझको बाल विवाह की बात बहुत अच्छी लगी इसको हम खतम करना चाहते है। घरेलू हिंसा के बारे में भी बहुत कुछ सीखा और की हम इसे कैसे रोक सकते है। जो भी मैंने यहाँ सीखा मुझको सब कुछ बहुत अच्छा लगा सब कुछ यहाँ पर सीखने की थी और दूसरों को भी सीखाने की है। क्योंकि यह सब कुछ हमारे फायदे के लिए ही है।” – Student / teacher, Laksh Foundation

In February, we met the Mangar adolescent group's parents. The year ended with our team and the adolescent group leaders meeting the Panchayat members and ASHA workers to brief them about the safe spaces project, and enlist their support towards creating Mangar a safe space.

We also held a successful fundraising event that raised much needed funds for our Safe Spaces Project in Mangar, Haryana. We look forward to our second year with expanding the project in two more villages and strengthening the Mangar team.



Playing a game on safety as a collective responsibility with the parents of adolescents in Mangar

## DONATE NOW

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