

मुझे किस बात पर अर्थ
नहीं लगा रहा है क्योंकि बड़े
लड़का/लड़की को धुसा घर
है इसी बात पर अर्थों है



**SAFETY AND SECURITY
DON'T JUST HAPPEN,
THEY ARE THE RESULT
OF COLLECTIVE
CONSENSUS AND
PUBLIC INVESTMENT.
WE OWE OUR
CHILDREN, THE MOST
VULNERABLE CITIZENS
IN OUR SOCIETY, A LIFE
FREE OF VIOLENCE AND
FEAR.”**

NELSON MANDELA

ABOUT MUDITA FOUNDATION

Mudita Foundation was founded in 2018 when a group of compassionate and like minded people came together with a belief that every adult and child has a right to a life that is safe, free and lived with choice and dignity.

Registered as a trust, Mudita's primary aim is to execute collective impact solutions, build, enhance and strengthen systems and communities to prevent, protect and support those who are at risk, vulnerable to risk or trapped in situations of exploitation.

We firmly believe that the safety and protection of children, youth and women from abuse, exploitation and trafficking must be a collective priority and responsibility tackled jointly by children, parents, teachers, schools, caregivers, civil society organisations, law enforcement agencies and the government.



VISION

A world where each individual is living up to their full potential without fear, abuse and exploitation.

MISSION

Build and strengthen networks, systems, communities and individuals to prevent, rescue, protect and empower those vulnerable to or trapped in situations of human trafficking and other forms of abuse and exploitation.

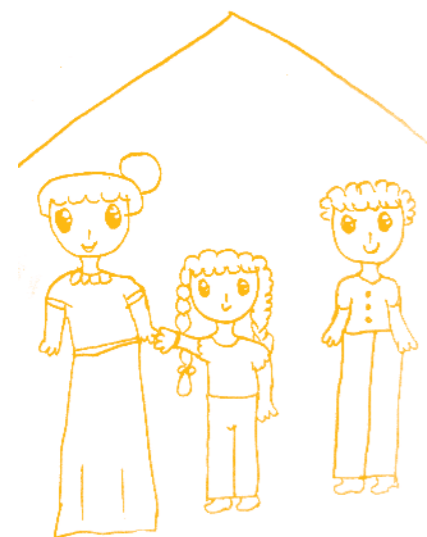
HUMAN TRAFFICKING AND CHILD SEXUAL ABUSE

As per NCRB's report on 'Missing Women and Children In India' (3rd June, 2019)-

- During 2016, 2017, and 2018 a total of 2,90,439 , 3,05,267, and 3,47,542 people have been reported as missing.
- The number of missing women each year is more than the men for the years 2016 , 2017 & 2018.

According to NCRB's data 2018

- 32,608 cases were reported in 2017 while 39,827 cases were reported in 2018 under the Protection of Children from Sexual Offences Act (POCSO).
- As many as 109 children were sexually abused every day in India in 2018.
- In percentage terms, major crime against children during 2018 were kidnapping and abduction which accounted for 44.2 per cent followed by cases under POCSO, which accounted for 34.7 per cent, the data showed.

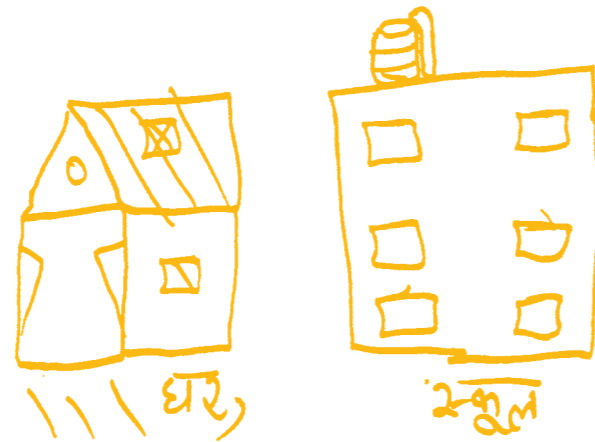


Human Trafficking is an organised crime that robs an individual off all his/her rights and violates all tenets of human dignity. It is the movement and trade of human beings for the purpose of exploitation, almost always by force or compulsion. Trafficking happens around the world every day and children, youth, men and women are forced into sex trade, domestic servitude, forced labour, agricultural slavery, forced marriage, illegal adoption, illegal organ harvesting and drugs' trading. However, the majority of victims of trafficking are women and children. In fact, NCRB's data (2016) shows that 3 in every 5 victims of trafficking were children in India.

While the advent of technology and social media networking has made life easier, it has also left humans from all walks of life highly vulnerable to different forms of exploitation. It has been observed that child sexual abuse cases and newer forms of exploitation including cybercrime have significantly increased in the past decade. NCRB'S data reports that as many as 109 children were sexually abused every day in India in 2018.

To ensure a life of freedom from exploitation for our children, women and those at risk, there is an immediate and urgent need for a larger collective intent and intervention to tackle this high profit and low risk crime.





FOUNDER'S MESSAGE

In 2018, a small group of us embarked on a new journey for an age old and complex issue – the safety of women and children from abuse and exploitation. This also often culminates in or causes vulnerability to human trafficking.

and understand new layers within the issue while looking to collaborate with and strengthen existing interventions, systems and organisations already working on the issue.

The first year has strengthened our conviction that it is critical to create awareness for prevention of abuse and exploitation. The more schools and communities we reached out to, the more we realised that trafficking still seems like a distant problem to most people. Abuse still doesn't exist in our homes and schools according to many people. That the internet hides predators and traffickers is an unknown fact for most people. Children articulated clearly in our sessions where they feel safe and where they don't. Teachers expressed their inability to deal with cases of abuse that may be disclosed to them. Staff of development organisations and corporates expressed shock and disbelief at the data on human trafficking we shared with them. Women in low-income communities shared fears of abduction and abuse and had questions about how to make their spaces safer for themselves and their children.

As we reflect on the year gone by, we realise that this needs to continue to be our focus while we also begin to look at building resilience in children and communities for prevention of abuse and exploitation through long-term interventions. We hope to strengthen existing partnerships and build new collaborations with corporates, civil society organisations, educational institutes and government agencies for research and increased outreach.

We also recognize the tremendous gaps in reporting and hence data; that weaken the movement against abusers, predators and traffickers. Research, especially of the dangers in the virtual and online space and continuous analysis of data we receive and generate in our sessions will also be a focus to ensure our interventions are appropriate responses to the issues we are trying to address.

None of this would have been possible without the friends, family members and associates who shared our convictions, trusted us and gave us unquestioning support to create and begin to build an organisation. Their continuous encouragement and support is an embodiment of the very spirit that Mudita Foundation is and strives to nurture - unselfish, empathetic joy, or joy in the good fortune of others.



मुझे इस सुरक्षा पर अच्छा लगता है जब मैं घर पर रहती हूँ

In a country where talking about sexual abuse is considered taboo and where exploitation of and violence against women and children is common place, Mudita Foundation is determined to approach the issue from different dimensions. Our aim is to study



prevention focussed approach, our first endeavour was to initiate conversations around safety, protection and exploitation through interactive sessions with some key groups - namely children, teachers, parents and communities. For the same, we approached over 100 institutions, organisations, community groups and individuals to build partnerships and associations that would help us meet our purpose. In the first year,

our activities were restricted to Delhi - NCR with a few partnerships emerging in Bengaluru.

We started our sessions with a dynamic group of young leaders from over 25 Delhi-based community organisations. These leaders were representing the children and teenagers who are part of Children's Parliaments in their communities, facilitated by Pratyek. They were accompanied by Coordinators from the



OUR INTERVENTIONS

The organization's primary aim is to execute multi disciplinary solutions, build, enhance and strengthen systems and communities to prevent, protect and support those who are at risk, vulnerable to risk or trapped in situations of exploitation. This we want to accomplish through a strong collaborative approach with the government, judiciary, law enforcement and other civil society organisations.

In order to tackle this complex and deep-rooted issue, we –

1. Facilitate and conduct training and workshops, especially with educational institutions and civil society organisations, in order to build capacity for the safety and protection of women and children.
2. Develop and implement sustainable solutions to prevent and support communities vulnerable to trafficking and other forms of

exploitation and abuse, especially women and children.

3. Design and bring to effect interventions, with multiple stakeholders, for the rescue, legal recourse and rehabilitation of survivors of trafficking & other forms of exploitation.
4. Nurture the dignity of each survivor, through a process of healing and empowerment.

5. Enhance systemic and structural processes, along with the government, other organisations and law-enforcement agencies through collaborative partnerships.

Highlights of the Year 2019-2020

The year 2019 was remarkably memorable and significant for Mudita as we materialised our interventions and took a step towards translating the vision into action. Opting for a

organisations. Pratyek invited us to conduct a session on Human Trafficking and Cyber Safety to equip the young leaders as they raise the issue of safety in their own communities.

In September 2019, we were invited by the Delhi Commission for Protection of Child Rights (DCPCR) to participate in their pioneering 'Safety Week' initiative by conducting awareness sessions for children on 'Safe and Unsafe Touch'. This recognition from the government gave us the opportunity to conduct sessions in 5 schools of the Municipal Corporation of Delhi, North (MCD) reaching out to 506 children studying in Grade V.

We collaborated with D.A.V Public School, Sreshtha Vihar, New Delhi to sensitize the teaching staff in understanding child safety as per the POCSO law (Protection of Children against Sexual Offenses). These workshops were conducted over two days (17th & 18th September, 2019), with 124 teachers from their senior and primary wing. These sessions helped understand the issue from the child and the adult's point of view and gave insight into its complexities. Teachers shared several instances where they had found themselves perplexed with the issue and were ill-equipped to give an appropriate response.

The Mudita team also conducted a 2 hour interactive session aimed at building awareness about the issue of Human Trafficking for staff of the organization Children's Movement for Civic Awareness India (CMCA India), on 30th September 2019, in Bengaluru. Participants included 25 staff members of CMCA as well as 7 team members from their

other offices across Karnataka and Mumbai, who joined the session via Skype.

We were also able to conduct awareness workshops on child safety- 'Safe & Unsafe Touch', for NGOs namely Manzil, Sarthak Prayas and National NGO For Social Empowerment, in Delhi. In this process we interacted with some 150 children of age group 6 to 13 years. We used creative tools like drawing, movement games, introspection activities to gather a fair idea about their understanding of safety, feelings in unsafe situations and their previous experiences. At many of these sessions, we came across responses that clearly indicated signs of abuse. In cases of disclosure we took the help of the DCPCR and reported the case as per the protocol.

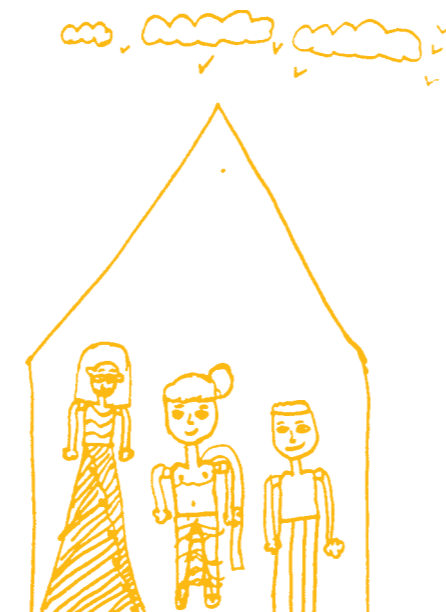
At VIDYA and Roti Bank's Vrikshaala, (New Delhi) we conducted discussions on the issue of Human Trafficking with teenagers, adolescents and women who live in low-income communities.

Our team of co-founders also attended the Tech4Good Summit conducted by NASSCOM to understand better the use of technology for social impact and realised that issues of abuse and exploitation, are not yet being talked about at these forums.

On February 3rd, 2020 Mudita's team conducted an awareness program for 24 team members of Momentum India. Our call for action with this team was to encourage them to take the first step towards building a safer community - ready to prevent, identify and intervene in concerns related to child sexual abuse and

human trafficking. The intention was to enhance the understanding that safety in schools should also involve keeping children safe from sexual abuse and exploitation, to facilitate schools to take action on putting structures and policies in place as risk mitigation practices. The session concluded with both Momentum India and Mudita Foundation very keen to partner towards building safer communities, specially in schools through empowering and making school children, management and teachers capable of tackling the possibilities of abuse and exploitation, not only within schools but also in their own communities.

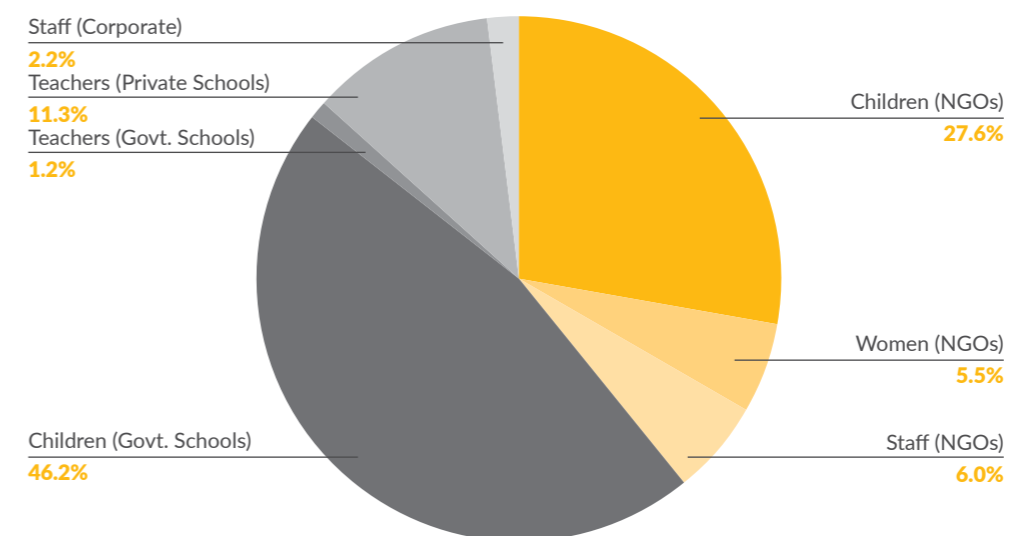
In March 2020, we collaborated with a women's self-help group named Sughad in Yograj Colony of North Delhi. The interactive session was held with over 45 members of the community to discuss the roles through which each member can contribute in keeping the community safe. The session sensitized the women about issues of sexual abuse and trafficking. We are hoping to create and implement a long-term intervention with this community in the next financial year.



MUDITA'S OUTREACH IN 2019-2020

Target Audience	Numbers
Children (NGOs)	303
Women (NGOs)	60
Staff (NGOs)	66
Children (Govt. Schools)	506
Teachers (Govt. Schools)	13
Teachers (Private Schools)	124
Staff (Corporate)	24

MUDITA'S OUTREACH THROUGH INTERACTIVE SESSIONS



SESSIONS CONDUCTED BY MUDITA FOUNDATION IN 2019-2020

Topic	Number of Sessions	Partner Institution/Organisation
Human Trafficking	5	PratyEk, Roti Bank, VIDYA, Momentum India & CMCA
Child Sexual Abuse	6	Sarthak Prayas, Manzil, National NGO For Social Empowerment
Child Safety	10	DCPCR (Delhi Commission For Protection Of Child Rights)
Building safe communities	1	Sugadh - Self Help Group
Awareness and implementation of POCSO	2	DAV Public School, Sreshtha Vihar

ACKNOWLEDGEMENTS

It takes a village to raise a child and this is to acknowledge all the donors, partners, friends and team members of Mudita. You are Mudita's village and together you have decided to raise India's children in a safe community. Your faith in Mudita has significantly strengthened our belief in our vision. Your support has nurtured our dream and helped the Mudita team, slowly and steadily, translate it into reality.

A special mention for Connect, a corporate communication consultancy, based out of Kolkata that has taken care of all our design needs for collaterals and resources, pro bono - thank you for helping us share our story with the world.



OUR TEAM

Anamika Rathaur

Co-founder and Trustee

Anamika has over 17 years of experience in the development sector. Her expertise lies in bringing the best out of people in an organisation by setting up effective organisational systems and processes that enable teams to work towards their goal. She is passionate about working with vulnerable women and children and helping build a safer world.

Neha Pradhan Arora

Co-founder and Trustee

Neha has worked in the education and development sector for over 15 years with a focus on building capacities of young people in becoming responsible leaders for their own communities. Designing and conducting learning programmes for children, young adults and schools with an aim towards building more inclusive and empathic communities is what drives her.

Joyita Ambett

Co-founder and Advisor

Joyita has over 17 years of experience in the development sector. A passionate seeker of social justice with a conviction that complex issues like human trafficking and other forms of exploitation and child protection issues can only be addressed and scaled through collective and robust partnership models. Her expertise is in building organizations, developing cross-functional teams, engaging and collaborating with a diverse range of stakeholders and partners for long lasting impact and advancing access to justice.

Jasmine Bhatia

Program Coordinator

A communications professional and creative arts facilitator, Jasmine firmly believes in empowerment through awareness. As a social service enthusiast, Jasmine has been actively working in the development sector since the past 3 years. In 2018, she also founded Vrikshaala, a life skill training program for children, by mobilising and training a group of women.

M.C Joseph

Finance Coordinator

An accounting expert, Mr M.C Joseph, retired from Loreto Convent School in February 2018 after completing 32 years of service. Having finance management as his forte, he led all the accounting, payroll and tax-related work there. He has also worked with some charitable institutions like Jeevandhara, Ghaziabad, Jivodaya Hospital Ashok Vihar, Jivodaya Ashralayam Vikaspuri and Nirmal Jyoti Charitable Society Vasant Kunj.

FINANCIAL STATEMENT

Assessment year	2020-21
Name and address of assessee	Mudita Foundation #6 CSC B-1, Vasant Kunj New Delhi - 110 070
Status	Trust
PAN	AAGTM1166M
DOI	13-12-2018


STATEMENT SHOWING APPLICATION OF INCOME FOR CHARITABLE PURPOSES		Rs.	Rs.
Gross receipts as per Receipts & Payments A/c		8,45,029	7,18,275
Amount required to be applied to charitable purposes at 85% of gross receipts			3,34,312
Amount actually applied to charitable purposes during the year : Expenditure as per Receipts & Payments A/c (excluding depreciation)			3,83,962
Deficiency in application of income to charitable purposes			NIL
TAXABLE INCOME			

Please see separate letter exercising option under clause (2) of the explanation to Section 11(1) of the Income Tax Act, 1961 to make good the aforesaid deficiency in application of income to charitable purposes dated 13.12.2018.

Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Balance Sheet as at 31st March, 2020 (all amounts in INR)			
Liabilities	As on 31-03-2020	Assets	As on 31-03-2020
General Fund			
Opening Balance	-	Current assets	-
Add : Excess of Income over expenditure	5,10,717		
	5,10,717	Closing balances	
Corpus Fund		Cash in hand	-
Opening Balance	-	Cash at bank	6,95,717
Add : Addition during the year	1,85,000		
	1,85,000		
	6,95,717		6,95,717

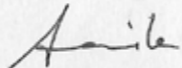

 For Koshi & George Chartered Accountants (Reg.No.003926N) George Koshi Partner M.No.82961	For Mudita Foundation Anamika Rathaur Trustee
New Delhi 13th July, 2020	

Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Income & Expenditure Account for the period 13/12/2018 to 31/03/2020 (all amounts in INR)			
Expenditure	Amount (Rs.)	Income	Amount (Rs.)
Administration expenses Bank charges Bookkeeping charges Computer maintenance Legal & professional charges Programme expenses Consultancy charges Refreshment expenses Printing & Stationery Staff welfare expenses Travel & Conveyance Excess of Income over Expenditure	690 40,000 14,150 61,000 1,79,476 2,061 1,803 1,685 33,447 5,10,717 8,45,029	Donations Bank interest Miscellaneous income	8,24,001 11,028 10,000 8,45,029




For Koshi & George
Chartered Accountants
(Reg.No.003926N)
G. Koshi
George Koshi
Partner
M.No.82961

For Mudita Foundation

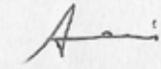

Anamika Rathaur
Trustee

Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Receipts & Payments Account for the period 13/12/2018 to 31/03/2020 (all amounts in INR)					
Receipts	Amount (Rs.)		Payments	Amount (Rs.)	
<u>Opening balances</u> Cash in hand Cash at bank Corpus donation Donations Bank interest Miscellaneous income	- - 1,85,000 8,24,001 11,028 10,000	10,30,029	Administration expenses Bank charges Bookkeeping charges Computer maintenance Legal & professional charges Programme expenses Consultancy charges Refreshment expenses Printing & Stationery Staff welfare expenses Travel & Conveyance <u>Closing balances</u> Cash In hand Cash at bank	690 40,000 14,150 61,000 1,79,476 2,061 1,803 1,685 33,447 - 6,95,717	1,15,840 2,18,472 10,30,029



For Koshi & George
Chartered Accountants
(Reg.No.003926N)
G. Koshi
George Koshi
Partner
M.No.82961

For Mudita Foundation

Anamika Rathaur
Trustee



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