



## Impact and outreach

-individuals, organisations, communities!



**1100+**  
followers on social media



**175**  
views on live session with Dialogue Spaces



**22**  
teachers, coaches and coordinators trained from 2 community based organisations in New Delhi



**140**  
individuals participated from 23 organizations in Baatcheet live



If 2020 was a year that challenged us then 2021 will be a year that leads us to build on our strengths that emerged. As the year began, we at Mudita Foundation resolved to strengthen ourselves and our partners in our efforts to create safer spaces.

## BAATCHEET LIVE - platform for collaborative learning

The Baatcheet Live platform now has interested individuals, teachers, peer leaders, professionals from the development sector and our community based partners attending, learning and sharing. The platform receives attendance from different cities in India and is slowly growing into a safe, collaborative, participatory platform for organisations, educators and all those who feel the need for a safer world. If you would like to be a part of this platform, do email us or follow us on social media for regular updates.

As we emerged from a year that had shown us what resilience could mean, we at Mudita were intrigued by the concept of resilience, particularly in the context of abuse, violence and exploitation. While the healing power of resilience is known, can it be nurtured to prevent abuse situations from happening? Can resilience be built collectively in a community of people? We decided to explore resilience through the lens of different practitioners who use diverse and innovative tools to build resilience in individuals and

## PAHAL –

### Creating Awareness

The Mudita team conducted a 2-session module on safe relationships for the young girls of a shelter home in Mumbai, in partnership with EmancipAction India. This is part of a series of awareness sessions with children who are in shelter homes in Mumbai.

The Mudita team also underwent a training on understanding and responding to trauma, conducted by Dr. Sukriti of EmancipAction India. The spirit of building collaborative partnerships which lead to mutual strength and collective impact is a conscious approach for us at Mudita Foundation and we are proud to engage with partners who resonate the same.

## LEHER –

### Building capacities

Continuing with our endeavour to build capacities of community - based organisations, we partnered with 2 new organisations to build their capacity in building safe spaces for children in their project locations.

The programme was conducted separately for 11 peer leaders who are part of the Goal of Life programme at Kutumb Foundation and 11 teachers and coordinators from Ritinjali. Each team went through 12 intensive, reflective hours over 10 sessions. From identifying unsafe community spaces to grappling with complex realities, the teams were able to make action plans by the last session for beginning the conversation on safety with their students and communities.

communities. In January, we explored how sports, games and play have been used. The February session brought together practitioners and therapists from theatre while the March session explored dance and movement as a tool. By the end of the year, we hope to have some answers, some questions and practical solutions on how to build community resilience to prevent abuse, violence and exploitation, through inputs and sharing from the experts and participants at the Baatcheet sessions.

We are excited about new partnerships, new learning and new opportunities in the next quarter to creating this safer world!

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