



MUDITA FOUNDATION

ANNUAL REPORT 2020-21

Our learnings and the way forward

Founders' note

When Covid-19 cases were beginning to get noticed and talked about in India in March 2020, we, the co-founders of Mudita spent a weekend working enthusiastically on a three year strategy. Little did we know that the world would shut down in less than 2 weeks and force us to regroup, rethink and go back to the drawing board. While we grappled with the new ways of functioning, reports of increased abuse, violence and the risk of exploitation began to trickle in. We realised that the need to remain connected to those who are more vulnerable was greater than ever and more difficult than ever before. We began to reach out to our partners and initiate conversations with them. What began as conversations has taken the form of a virtual collaborative platform Baatchet Live that brings practitioners together to learn and share together. These conversations acknowledged the increased risks to children as a result of the pandemic and the need to build the capacities of all those who work with vulnerable communities.

We responded by developing modules to train teachers, trainers, health workers, football coaches and others to be aware of the increased risks to women and children and to be able to identify and respond to the same as they work towards creating safe spaces and communities.

We continued to reach out to organisations across the country with the reinforced belief that a shared vision of a safe world is the strongest foundation for bringing diverse stakeholders, individuals and organisations together. The past year has strengthened our conviction that it is only through collective responsibility and action will we see collective impact and change. Every single individual has the right to live a life free of fear, abuse and exploitation and it is everybody's responsibility to acknowledge this and put in the effort to make our society a safer place to live in. A virus tried to get us to see this. Maybe the need to keep our children safe from the risks in the physical and virtual world will convince us to act on this.

About Mudita Foundation

Mudita Foundation is a registered organisation committed towards creating a world where each individual is living up to their full potential without fear of abuse, violence and exploitation. We believe that every adult and child has a right to a life that is safe, free, and lived with choice and dignity. We believe that there will come a day when every child is safe, happy, and living without fear. We are convinced that this will be achieved only when each one of us makes a conscious decision to live not just for ourselves but for the less fortunate as well; when we collaboratively take responsibility for the well-being of others and feel joy in their dignity and freedom.

We at Mudita Foundation work on the safety and protection of vulnerable children, women, and communities by focusing on three critical issues ; child sexual abuse, human trafficking and online abuse and trafficking. Since the inception, the team at Mudita has focused on conducting training programs with a wide range of stakeholders to create awareness, instill a sense of collective responsibility, and help develop responsive and collaborative systems to prevent and address the issues of child sexual abuse, human trafficking and online exploitation.

Vision

A world where each individual is living up to their full potential without fear, abuse and exploitation.

Mission

Build and strengthen networks, systems, communities and individuals to prevent, rescue, protect and empower those vulnerable to or trapped in situations of human trafficking and other forms of abuse and exploitation.

Our approach and programmes

Opting for a prevention focused approach, our endeavour has been to initiate conversations around the need for safety and protection for women and children from abuse, violence and exploitation through interactive sessions with diverse groups of people. We believe that as a society, safety is everybody's responsibility- from ordinary citizens who do not seem to have a direct connection with the issue to the key stakeholders namely children, teachers, parents, and communities.

We work step-by-step through this journey of awareness, capacity-building and action to create safer spaces with organisations and institutions that work with or for children, adolescents and young adults.

We engage with organisations, schools and communities through

- Awareness sessions on Child Sexual Abuse, Online Abuse and Human Trafficking
- Capacity-Building programme on identifying, preventing and tackling abuse and exploitation
- Capacity-building programme on case management
- Guidance and support for organisations to integrate a contextual Child Protection & Safeguarding Policy and execution of their Child Protection programme
- A collaborative platform for collective impact
- Evidence-based research



Pahal



Leher



Baatcheet



Sameeksha

Pahal



Through our program Pahal, we conduct sessions to help participants in diverse contexts become aware of the risks (Child Sexual Abuse, Human Trafficking, Online Abuse) that women and children face every day and the magnitude of these in and around us. Each Pahal awareness session explores notions of safety for women and children while helping participants receive relevant information, share their concerns and fears with clarity and growing confidence using simple tools of expression.

Positioning and profiling the problem to diverse stakeholders and to as many as possible is the beginning of the journey. Articulating and acknowledging the problem is the first step. This inspires further thought and action amongst individuals, organizations, and society towards tackling the issue. Our sessions end with a call to action because we at Mudita Foundation believe that awareness will motivate every individual to acknowledge our collective responsibility and initiate action.

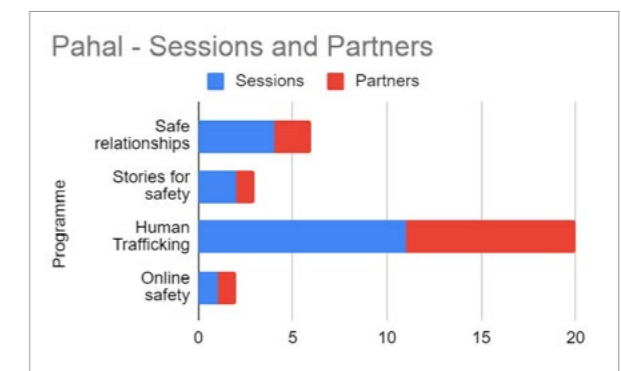
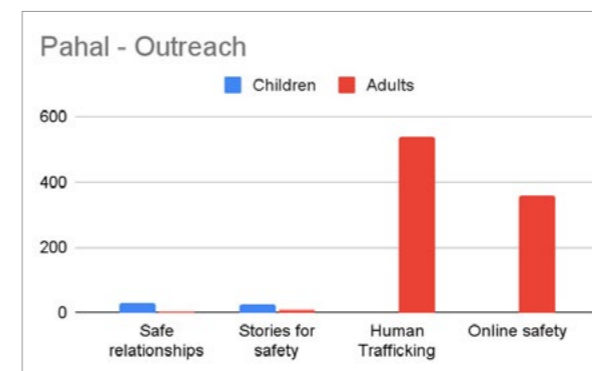
In 2020-21, we conducted 18 sessions reaching out to 965 children, youth and adults in collaboration with the following organisations

- Dreams Home and Divya Prabha Shelter Homes in Mumbai
- Sarthak Prayas
- Emancipation India Foundation
- Durga India
- Vidya India
- Etasha Society
- Rotary and Rotaract Clubs in Mumbai
- Dialogues that matter

Conducting awareness sessions for young girls in two shelter homes of Mumbai in collaboration with EmancipAction India Foundation was one of the highlights of the Pahal engagement. Open programmes through Durga India and Dialogues that matter also helped us reach out to a diverse online population. We are also happy to share that some of these collaborations transformed into long term interventions with various community based organisations working with children and women in different capacities.

With the aim of profiling the issue for a larger and more diverse audience, we also chose to launch our presence on social media platforms like Facebook, LinkedIn and Instagram in 2020. In November 2020, we launched 'Action against Abuse'- an online campaign as part of the Child Safety Week (14th-20th Nov, 2020) that helped people become aware about identifying and reporting child sexual abuse. People from different walks of life from across the country, pledged to take action against abuse and encouraged people in their network.

Programme	Sessions	Children	Adults	Organisations / partners
Pahal for children				
Safe relationships	4	28	5	3
Stories for safety	2	24	8	1
Pahal for adults				
Human Trafficking	11		540	9
Online safety	1		360	1
TOTAL	18	52	913	14



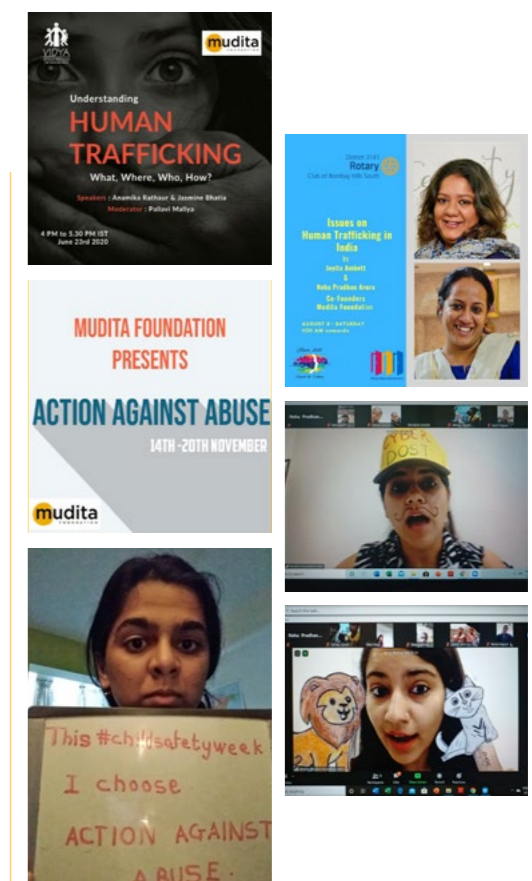
Testimonials – Pahal

“Jasmine from Mudita Foundation curated and conducted session on prevention of abuse and safe relationships for the children in CCIs that Emancipation India Foundation works with. She was able to connect and build a trusting relationship with the children. We believe she has equipped the children to recognise warning signs and helped them learn skills that will help them in the future. Her fun, interactive and engaging style was appreciated by the children and the caregivers of the CCIs”

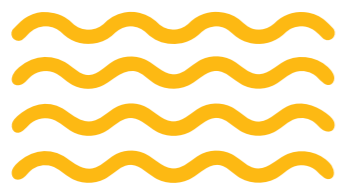
– Dr Sukriti Khushwaha,
Raah EmancipAction India
Foundation

“Excellent awakening and awareness session on cyber security . Though we know the options available for protection against vulnerabilities, the speakers emphasized and reinforced the need to be vigilant in all possible ways. The talk by Mr Abraham ensured confidence about the security measures that are available in our country. Overall it was a welcoming session on cyber security. Thanks VIDYA and Mudita foundation for arranging this thoughtful webinar.”

– Nandini Natrajan,
Vidya India



Leher

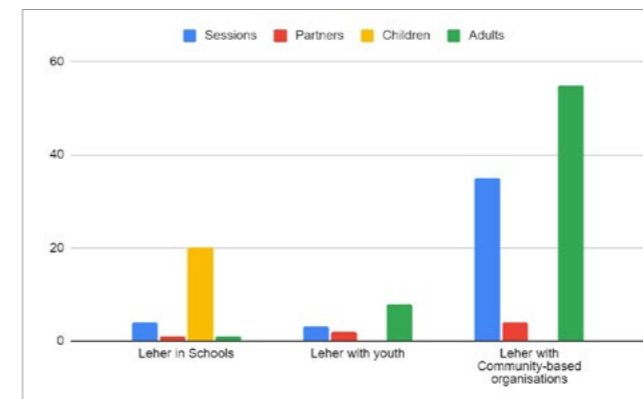


Leher is a structured programme using appropriate and context-specific tools for reflection, interaction and action, to create safe spaces. As a part of this program, we collaborate with community-based organizations and schools working on education, health and other issues to educate and build their capacity to recognize, question and/or respond to instances of child abuse and human trafficking and other forms of gender-based violence and exploitation within their communities.

Apart from awareness and capacity-building of teams, the commitment to creating safer spaces by organizations, schools and educational institutions needs policies for safeguarding and protection, systems and processes for implementing the policy and structured and consistent programmes for awareness and prevention. The Leher programme continues to provide guidance and support for organizations and schools to integrate context specific Child Protection Policy and execution of their Child Protection programme, even after the capacity-building sessions.

We collaborated with 4 community-based organizations working on the issues of education and skilling in New Delhi, Bangalore, Mumbai namely National NGO For Social Empowerment, Vidya India, Ritinjali, Kutumb Foundation. The programme aimed to raise awareness and build their capacity on understanding, tackling and preventing issues of abuse, violence and exploitation. While all of these engagements were held virtually, we adapted our sessions contextually by making the best of technology and developing creative tools for interaction and reflection. We are proud to share that within these 4 programs, we were able to train 1 organisation on child sexual abuse case management and have initiated conversations with 1 organisation on strengthening their Child Protection Policy.

The Leher programme also works with students in schools and colleges to build their sense of collective responsibility and their capacity to question and take action against abuse and exploitation. We are happy to have worked with high school students of St. Columba's School, New Delhi as part of their SUPW project and students of colleges in Bengaluru who were a part of Durga India's Voice project on understanding human trafficking and their slavery footprint.



Testimonials – Leher

"I deeply admire and respect the efforts being made by the Mudita team to spread awareness about POCSO and issues related to abuse of children, including cyber safety, gender sensitivity, domestic violence and so many more. By partnering with other NGOs such as ours -VIDYA where we educate, empower and transform thousands of children across Delhi, Mumbai and Bangalore, Mudita is reaching out to people at a grassroots level and very thoroughly."

- **Pratima Goel (Vidya Integrated Development For Youth and Adults)**



"I found the programme very comprehensive, informative, well-paced and very suitable for my Class 12 boys. It is very contextual and is based on justice and advocacy principles of safeguarding human rights of all especially the vulnerable. In the era that we live in we all need to know this! The sessions were interactive and kept cognizance of the mindsets of the young boys participating in the programme. The project encouraged creative thinking and also gave ample opportunity to the students to express their learnings through any creative medium they thought best. The Mudita team is supportive, generous and very well-versed with topics they are teaching. They have experience and expertise as social workers and trainers. I highly appreciate and value the partnership and hope we can continue it in the coming days."

- **Grace David, Coordinator - Catechetics, Value & Justice Education, St Columba's School**



I am more aware of my surroundings - at traffic signals. I now know the context behind the children at the traffic signal.

- **Participant, Durga Voice**



Baatcheet – A Dialogue



Baatcheet was one of the first endeavours to adapt to the new normal while the pandemic took over our physical realities. A platform for collaborative learning and one of our initiatives to build collective consensus, effort, and impact Baatcheet Live is a forum where practitioners and organizations come together to create a space for learning, share knowledge and experience and build collective responsibility for the safety and wellbeing of women and children in communities. It is currently a virtual monthly interaction conducted over Zoom, attended by staff members of community-based organizations, teachers, or educators from schools and learning spaces, across India.

Between April 2020 and March 2021, we hosted 8 such interactions covering multiple aspects on building safe spaces for all. Our first 5 sessions in 2020 emphasised on identifying challenges that community based organisations were facing with respect to children's safety during the pandemic, the online risks that emerged with excessive screen time and understanding the need for child protection. Experts from partner organisations like Manzil, Katha and Pratyek collaborated with us to conduct some of these sessions.

In 2021, we started using this platform to explore the concept and practice of resilience, particularly in the context of abuse, violence and exploitation. As part of our exploration, BaatcheetLive has hosted three panel discussions with experts and practitioners on the use of tools like sports and play, drama and theatre, dance and movement to help vulnerable individuals and groups to heal and build resilience. Each discussion has helped participants understand the tool and leave with tips and tools that they may be able to use in their work with vulnerable communities.

Through BaatCheet Live sessions, we have been able to reach over 30 organisations and 200 individuals. As we continue with our exploration, we hope to discover the role of many more tools which can help build resilient individuals and communities.



Testimonials – Baatcheet live sessions

"Very informative and was helpful in terms of points regarding child protection. Though I knew some but got more clarity."

"Virtual exchanges like these help us learn from different NGOs and help us find better solutions to common challenges."



In keeping with the spirit of Baatcheet, we have also ensured that we keep our partners, donors and other stakeholders informed and aware about the issues related to abuse, violence and exploitation through brief messages on WhatsApp. Throughout the year, we have engaged directly with close to 300 people through fortnightly updates on the issue. This effort has been well received by most of the recipients and encouraged several to enquire more about the issues and initiate conversations about the same.



Sameeksha



In keeping with our conviction towards evidence-based interventions and impact measures, research is an approach and a tool being used within and across all our interventions. The attempt is to initiate small and large-scale studies in collaboration with partner communities to identify good practices, emerging new risks, and gaps in tackling these risks.

We have initiated a perception-based study to assess the risks experienced by children during the pandemic. A small pilot was done with a partner organisation in New Delhi and we are working towards doing a large-scale study through our partners in the coming year.

Writing on these issues for diverse stakeholder groups is another critical part of our work for building awareness and understanding. We are happy to have collaborated with Pallikuttam in November 2020 to write an article on 'Keeping children safe in the Cyber World' for their readership of parents, educators and school leaders.



Impact and Outreach



84
Children



1180
Adults



68
Sessions



51
Organisations / partners

2020 – 2021

Programme	Sessions	Children	Adults	Organisations / partners
Pahal for children				
Safe relationships	4	28	5	3
Stories for safety	2	24	8	1
Pahal for adults				
Human Trafficking	11		540	9
Online safety	1		360	1
Leher				
Leher in Schools	4	20	1	1
Leher with youth	3		8	2
Leher with Community-based organisations	35		55	4
BaatcheetLive	8	12	203	30+
Baatcheet messages	17		274	
TOTAL	68	84	1180	51

Acknowledgements

Like every seed that needs to be nurtured with nourishment, sunlight and fertile soil, every dream needs to be nurtured with conviction, support, resources and collaborative partnerships. We at Mudita Foundation are grateful for the support of all those who have been with us. From team members to donors and supporters who give their time, skill and resources to take the work we do to more and more people. From young volunteers who grapple with the complexity of the issue but believe that there is a role and responsibility they must play to partners who share the conviction that safety is a priority. Despite it being a year that distanced and isolated us from most people, we are grateful for every new conversation, every new connection and every new collaboration which strengthened us on our journey towards our vision.



Our Team

Anamika Rathaur

Co-founder and Trustee

Anamika has over 15 years of experience in the development sector. Her expertise lies in bringing the best out of people in an organisation by setting up effective organisational systems and processes that enable teams to work towards their goal. She is passionate about working with vulnerable women and children and helping build a safer world.

Neha Pradhan Arora

Co-founder and Trustee

Neha has worked in the education and development sector for over 15 years with a focus on building capacities of young people to become responsible leaders for their own communities. Designing and conducting learning programmes for children, young adults and schools with an aim towards building more inclusive and empathic communities is what drives her.

Joyita Ambett

Co-founder and Advisor

Joyita is a passionate seeker of social justice who believes that collective partnerships are essential to achieve impactful and scalable solutions to complex issues like human trafficking and related forms of exploitation. She has years of experience in leading large operations to rescue victims of human trafficking, working with survivors of violence and abuse in enhancing their rehabilitation and access to justice. Joyita has built capacity across diverse groups of practitioners and leaders in issues of violence and abuse against children and women.

Jasmine Bhatia

Program Coordinator

A communications professional and creative arts facilitator, Jasmine firmly believes in empowerment through awareness. As a social service enthusiast, Jasmine has been actively working in the development sector for almost 5 years. In 2018, she also founded Vrikshaala, a life skill training program for children, by mobilising and training a group of women.

Abha Jeurkar

Consultant - Programmes

Abha Jeurkar is a research scholar of Education at the Tata Institute of Social Sciences. She has over 9 years of experience in working with communities and contexts at the socio-economic margins. She is a trained facilitator of Play for Peace. Through her work, Abha hopes to achieve a critical understanding of the society and her own power and privileges.

M.C Joseph

Finance Coordinator

An accounting expert, Mr M.C Joseph, retired from Loreto Convent School (New Delhi) in February 2018 after completing 32 years of service. Having finance management as his forte, he led all the accounting, payroll and tax-related work there. He has also worked with other charitable institutions in New Delhi.

Our Donors

Our first Annual Meet of donors was held on the 18th of December 2020 virtually. It was attended by over 20 friends and supporters of the organisation. A short overview of the past year and plans for the year ahead was shared. The response was overwhelmingly positive with many pledging their continued support to the vision of the organisation.

We are grateful to the individuals who continue to support us with financial resources. Whether one time lump sums or regular monthly donations; every contribution holds us accountable to every person who continues to live in the fear of abuse, violence and exploitation. We have been able to continue and expand our operations during the pandemic year and reach out to vulnerable communities and organisations working with them only due to the unconditional support of our small but constant group of donors. Thank you.

Our Partners



Volunteers of Mudita Foundation



"The smallest act of kindness is worth more than the grandest intention." - Oscar Wilde

Volunteers truly exemplify selflessness. We were lucky to have two volunteers last year who worked with us for more than six months at a stretch. They helped us with graphic designs, research and content writing. Needless to say, every ounce of their effort added value to our work towards building a safe community.

At Mudita, we consistently work towards creating opportunities that help the volunteers learn, maximise their potential and thrive while nurturing their interest and skills.

If you are someone who is keen to work towards tackling abuse in your capacity and learn more about your role in creating a safe community, do reach out to explore volunteering and internship opportunities.

Testimonials



"My journey in Mudita Foundation was no less than a blessing. I was able to learn so much in the course of ten months. I understood and learned about different topics ranging from active bystander to role of dance or sports in resilience. I was also able to refine my own skills by working with Mudita Foundation. People at Mudita Foundation were understanding and really supportive of my ideas. I would like to thank them for giving me such a safe space where I was able to give my best as well as overcome my fears."

- P Gayathri, Student, Vellore Institute of Technology



"The internship did not only help improve my existing skills, it also developed my skills in certain fields that I was not familiar or comfortable with prior to the internship... I am very conscious of what I buy and who I buy from. I ensure I do not shop from a brand that encourages slavery or any other form of human rights violation and try to inform my friend circle about the same."

- Amay Singh, Student, Plattsburgh New York

You can help!

There is hope for change, if each one of us recognises the role we have to play to make the world a better and safer place. Your smallest effort in any capacity can become the first step towards freedom from abuse for someone. You can volunteer, donate, help raise funds, partner with us or just support our cause by talking about the issue in your network. For more information, write to us at mudita@muditafoundation.in



Financial Statement

1st APRIL 2020 – 31st March 2021

Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Balance Sheet as at 31st March, 2021 (all amounts in INR)					
Liabilities	As on 31/03/2021		Assets	As on 31/03/2020	
		As on 31/03/2021		As on 31/03/2020	As on 31/03/2021
General Fund					
Opening Balance	5,10,717	-	Fixed assets	34,920	-
Add : Excess of Income over expenditure	2,57,619	5,10,717	Current assets	8,987	-
	7,68,336	5,10,717			
Corpus Fund					
Opening Balance	1,85,000	-	Closing balances		
Add : Addition during the year	1,90,000	1,85,000	Cash in hand	-	-
	3,75,000	1,85,000	Cash at bank	9,14,429	6,95,717
			Fixed deposits	1,85,000	-
	11,43,336	6,95,717		11,43,336	6,95,717

New Delhi
29th July, 2021



For Koshi & George
Chartered Accountants
(Reg.No.003926N)
G. Koshi
George Koshi
Partner
M.No.82961

UDIN : 21032961AAAACH5002

For Mudita Foundation

Anamika Rathaur
Anamika Rathaur
Trustee



Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Income & Expenditure Account for the period 01/04/2020 to 31/03/2021 (all amounts in INR)					
Expenditure	Amount (Rs.)		Income	Amount (Rs.)	
		Amount (Rs.)		Amount (Rs.)	Amount (Rs.)
Administration expenses			Donations	8,99,001	8,24,001
Bank charges	716	690	Bank interest	30,360	11,028
Bookkeeping charges	60,000	40,000	Miscellaneous income	-	10,000
Computer maintenance	49,820	14,150			
Office expenses	8,742	-			
Legal & professional charges	59,600	61,000			
Postage & Communication	15,022	-			
Programme expenses					
Consultancy charges	-	1,79,476			
- Programme Associates	1,33,134	-			
- Programme Coordinator	2,27,025	-			
Covid relief	20,000	-			
Refreshment expenses	-	2,061			
Printing & Stationery	2,012	1,803			
Staff engagement expenses	11,531	1,685			
Travel & Conveyance	26,885	33,447			
Development of Modules	28,975	-			
Donations	5,000	-			
Depreciation	23,280	-			
Excess of Income over Expenditure	2,57,619	5,10,717			
	9,29,361	8,45,029		9,29,361	8,45,029

New Delhi
29th July, 2021



For Koshi & George
Chartered Accountants
(Reg.No.003926N)
G. Koshi
George Koshi
Partner
M.No.82961

UDIN : 21032961AAAACH5002

For Mudita Foundation

Anamika Rathaur
Anamika Rathaur
Trustee



Asset head		WDV as at 01/04/2020	Additions		Transfers	As at 31/03/2021	Depreciation		WDV as at 31/03/2021
			Before 01/10/2020	After 01/10/2020			Rate	For the year	
Computers		-	58,200	-	-	58,200	40%	23,280	34,920
		-	58,200	-	-	58,200		23,280	34,920



Anamika

Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Receipts & Payments Account for the period 01/04/2020 to 31/03/2021 (all amounts in INR)					
Receipts	Current year	Previous year	Payments	Current year	Previous year
Opening balances			Administration expenses		
Cash in hand	-	-	Bank charges	716	690
Cash at bank	6,95,717	-	Bookkeeping charges	60,000	40,000
			Computer maintenance	49,820	14,150
Corpus donation	1,90,000	1,85,000	Office expenses	8,742	-
Donations	8,99,001	8,24,001	Legal & professional charges	59,600	61,000
Bank interest	21,373	11,028	Postage & Communication	15,022	-
Miscellaneous income	-	10,000	Programme expenses		
			Consultancy charges		1,79,476
			- Programme Associates	1,33,134	-
			- Programme Coordinator	2,27,025	-
			Covid relief	20,000	-
			Refreshment expenses	-	2,061
			Printing & Stationery	2,012	1,803
			Staff engagement expenses	11,531	1,685
			Travel & Conveyance	26,885	33,447
			Development of Modules	28,975	-
			Donations	5,000	-
			Purchase of fixed asset	58,200	-
			Closing balances		
			Cash in hand	-	-
			Cash at bank	9,14,429	6,95,717
			Fixed deposits	1,85,000	-
	18,06,091	10,30,029		18,06,091	10,30,029

New Delhi
29th July, 2021



For Koshi & George
Chartered Accountants
(Reg.No.003926N)

G. Koshi
George Koshi
Partner
M.No.82961

U.D.I.N: 21032961 BDRACH5002

For Mudita Foundation

Anamika
Anamika Rathaur
Trustee



Assessment year	:	2021-22
Name and address of assessee	:	Mudita Foundation #6 CSC B-1, Vasant Kunj New Delhi - 110 070
Status	:	Trust
PAN	:	AAGTM1166M
DOI	:	12/13/2018

STATEMENT SHOWING APPLICATION OF INCOME FOR CHARITABLE PURPOSES

	Rs.	Rs.
Gross receipts as per Receipts & Payments A/c	920,374	
Amount required to be applied to charitable purposes at 85% of gross receipts		782,318
Amount actually applied to charitable purposes during the year :		
- On Revenue account		
Expenditure as per Receipts & Payments A/c (excluding depreciation)	648,462	
- On capital account		
Fixed asset purchased	58,200	
		706,662
Deficiency in application of income to charitable purposes		75,656
TAXABLE INCOME		NIL

Please see separate letter exercising option under clause (2) of the explanation to Section 11(1) of the Income Tax Act, 1961 to make good the aforesaid deficiency during the accounting year ending 31st March, 2016





Registered address:

6, CSC, Sector B-1, Vasant Kunj, New Delhi 110070

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