



Impact and outreach

-individuals, organisations, communities!

- **PAHAL** - 7 sessions with over 220 participants from diverse groups across India
- **Leher** - 3 programmes (27 sessions) completed with over 60 participants from Calcutta Kids, Laksh Foundation and Etasha Society
- Child Protection Policies reviewed and strengthened for 1 partner
- **Baatcheet Live** - 30 participants attended the 9th session in April
- **Sameeksha** - Children's study initiated in 3 organisations
- Mudita Foundation got featured by Spice Jet Cares as part of an awareness campaign on all their social media platforms!
- Increased followers and engagement on all social media pages and an updated website!

how can you help?



1. Become aware of the issue and make safety of women and children a priority
2. Donate to help them reach out to more vulnerable individuals and communities
3. Link us to other organizations that work with women and children
4. Invite us to your school, organization or corporate to tell you more about the issue
5. Volunteer your skills and time with us



We believe that every individual and organisation working with children and women should have the relevant information, skills, and capacity to ensure the safety of children and women from abuse and exploitation. We also believe that every citizen of the country is responsible for the safety and protection of every child and woman. We believe that the first step in this journey of individual and collective responsibility is an awareness of risks faced every day, around us both in our public and private lives. In 2021, as we all focus on becoming more resilient, we at Mudita Foundation have resolved to strengthen ourselves and our partners in our efforts to create safer spaces.

PAHAL –

The First Step

Mudita team collaborated with organisations that work with teachers from different regions and schools (**Aditya Birla Education Academy, Quest Alliance** and **UCatapult**) to reach out to close to 150 teachers from government and private schools across the country to emphasise the need for child protection through our classrooms and schools.

Takeaways of participants –

- “All adults are responsible for providing the safety and security for each and every child.”
- “As adults to realise that abuse has nothing to do with a child’s personality. The child is not at fault.”
- “Even though we are aware of the issue in parts, awareness programmes need to be conducted frequently so that we imbibe the understanding and information and have the courage to take necessary steps when required with apt rules and laws.”

We also had an interactive session on Human Trafficking for the team at **Symphony Tech** (based out of Pune and the United States of America). This engagement has encouraged the leaders of the organisation to open doors for us to take our awareness programs to other groups within their national and international networks in the coming months. We also conducted an awareness session with members of **Vivekananda Vichar Manthan** (New Delhi). The sessions helped the participants who were political leaders, businessmen and women; to break myths and identify cases of trafficking that they may have seen or heard of in the past.

Another first was an online awareness session with the girls of a shelter home on Staying safe Online, in partnership with **EmancipAction India Foundation**.

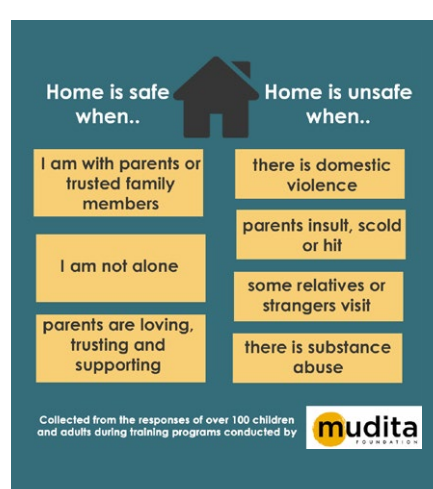
We continue to look for new partners who are keen to take the first step towards awareness and action.

SAMEEKSHA –

Evidence based research

Our attempts at initiating research and analysis interventions have taken the shape of Sameeksha. As our first initiative, we have developed a perception-based study tool for our partners to use to assess the risk and safety perceptions of the children in their communities, during the

pandemic. We are looking forward to our partners initiating this study as we work together to ensure children are safe, even as the pandemic continues in different ways. We have also been working on analysing the data and perceptions that emerge through our workshops and trainings.



BAATCHEET LIVE –

Platform for collaborative learning

We began in 2021 with a focus on exploring the concept of resilience in the context of preventing and responding to abuse, violence and exploitation of women and children. We continued our exploration with a session on the use of tools for inner awareness and finding balance. Five practitioners of tools like yoga, meditation and energy work came together to share their experiences of the use of these tools with vulnerable individuals and communities. Teachers, health workers, development professionals and interested individuals joined us as the practitioners also gave us tips and activities to build our own strength and resilience.

LEHER –

Building capacities

The Leher programme was conducted with three partners in the last quarter – **Laksh Foundation** (Mangar, outside Delhi) and **Calcutta Kids** (Howrah, WB) and **Etasha Society** (New Delhi). Each of these organisations works with women and children in different capacities. While Laksh Foundation works with 6 villages around Mangar through an educational programme with children and adolescents, Etasha Society works with adolescents and young adults through a guidance and counselling programme in government schools and communities in New Delhi and Haryana. Calcutta Kids works with

4 communities in Howrah through a nutrition and immunisation health programme. The 8–10 session training conducted by Mudita Foundation on understanding abuse and the need for protection was conducted with the teacher trainees at Laksh Foundation, counsellors at Etasha Society and the health workers at Calcutta Kids.

Each team went through the intensive sessions which attempted to help them identify unsafe community spaces, understand the types of risks that exist around us and support each other in their plans to prevent and tackle issues of abuse, violence and exploitation.

They are now taking the next steps in assessing their communities and strengthening their own policy and systems for child protection.

Kutumb Foundation continued the Leher programme by strengthening their Child Protection Policy and is now looking at ways to communicate it and contextualise to the children and others in their teams. Calcutta Kids has conducted an awareness session on Online safety for the adolescent girls in their community. Other Leher partners are also in the process of initiating similar reviews and awareness sessions in their communities.

We look forward to the next quarter that keeps more people safe and healthy! Do take a look at our updated website (www.muditafoundation.in) and stay in touch!

DONATE NOW



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