



## Impact and outreach

### Pahal

16 Sessions

127 Children

298 Adults

### Leher

1 Collaboration

63 Adults

## To a purposeful year gone by, and an impactful new year arriving!

The third quarter of the financial year is always energetic, festive and hopeful. The last three months were thus an exciting time for all of us at Mudita as we worked to reach more people, start more conversations on risk and safety, embark on new journeys with new partners and start planning for 2023! It is now time to begin to reflect on the dreams, achievements, milestones and challenges of the year.

## PAHAL



Session with mothers at Khanpur

Between October and December this year, we reached out to a wide range of stakeholders through 16 awareness sessions with 6 organisations and 1 school on safety related issues. Interacting with some old and new collaborations, we conducted sessions online as well as in person.

team member Ms Abha Jeurkar on child protection.



An awareness session at Ritanjali

Our monthly sessions with Etasha Society's youth groups continued. We met one group at their centre in Mangolpuri, Delhi and another group online for the sessions. In November and December, we met their team online for two workshops on preventing Sexual Harassment at Workplace and the POSH Act. The session held in December was attended by all the Internal Committee members to gain a better perspective on the functioning of Internal Committee.



A session on personal safety with 5-9 years old in Fatehpur Beri Village

We also visited a children's education centre run by Pure India Trust in Chattarpur's Fatehpur Beri village where we did a story-telling session for 25 young children to help them learn about private body parts and personal safety rules. This was followed by another session with older children who participated in activities like safety mapping and boundary game to enhance their understanding of the concept of safety in different spaces.

Our most recent workshops were at Ritanjali's Mahalpur office with the girls and women at their skilling centre and ECC education program and with youth boys currently residing at their Second Chance School.



Our Co-Founder Ms Neha Pradhan Arora at Laxmi Public School, Delhi

Some of our new collaborations under Pahal were Alternate Atlas and Laxmi Public School in East Delhi, building awareness for experiential educators and school teachers on child protection and safeguarding and the POCSO Act.

At a remedial centre in Khanpur, South Delhi, we interacted with children as young as 5-9 years old, teenagers and their parents to talk about issues of personal safety, cyber safety, healthy relationships and protective resources available around us. This centre is an initiative by one of our supporters Ms Anchal Bhalla.



Teachers at Laxmi Public School attending our workshop

We reconnected with UCatapult (a not-for-profit-run virtual learning space, that aims to provide education, empowerment and upliftment of students, teachers and communities across remote and rural parts of India) and conducted an awareness session for over 30 government school educators from the Beed district of Maharashtra. The sessions with them were organised online and executed in Marathi by our

"The program taught us about the necessity of safe environment for the children and how we can prevent child abuse"  
— Teacher, Laxman Public School, Delhi

"Today's session is very important for me because I learnt & gained more knowledge about right and I also learnt about what POCSO & POSH and how it's working..."  
— Participant, Youth group at Etasha Society

"Mudita foundation did a series of workshops for teenagers at our tuition centre regarding safe and unsafe environment. The younger batch was explained in an interactive story telling about safe and unsafe touch and how to reach out for help. The older kids were interactive in activities and talking sessions. The team was wonderful with the children and we are so grateful for the sessions with the children and the parents as well."  
— Ms Anchal Bhalla

## SAMEEKSHA

It was a proud moment for our entire team at Mudita Foundation when Dr Kiran Bedi founder of Navjyoti India Foundation and former Lieutenant Governor of Puducherry, released Mudita Foundation's baseline study report on 'Assessing the risks of abuse, violence and exploitation against children and women' of Sohna block, Haryana. This study was conducted by Mudita Foundation in collaboration with Navjyoti India Foundation. This event was a part of the Annual Day celebrations organised by Navjyoti India Foundation. It was followed by a Rural Mela where we put up a stall to interact and initiate conversations on safety with the members of the community who were present for the event. We organised games, a quiz and a free art wall for people to express their thoughts on safety.

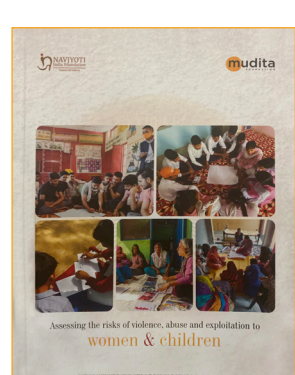
We are thankful to Ms. Chandni Bedi (Director, Rural Management and Training Institute, Navjyoti India Foundation) for her support and insights throughout this collaboration.



The release of our baseline study by Dr Kiran Bedi



Mudita's team interacting with the community members at the Rural Mela



A printed booklet of our baseline study 'Assessing the risks of abuse, violence and exploitation against children and women' of Sohna block, Haryana.

## LEHER

In the third quarter of this year, we executed our third Leher collaboration with Navjyoti India Foundation's Urban Education Program team in the Bawana Industrial Area, Delhi NCR. A three day training program was held at their learning centre in the slum community for 36 educators from the community, many of whom were students of the organisation in the past. Honest sharing and reflection, animated discussions helped us to realise the challenges of the community and the commitment of the educators towards ensuring the safety of their children. Some of the risks to children's safety prevalent within the community, as expressed by

the team were- child labour, corporal punishment, domestic violence and children's engagement in petty crimes.



A group picture with the Urban Education Program Team at Navjyoti India Foundation

Engaging activities and games helped the Navjyoti team become more aware of the risks to children and adolescents

in their community and the steps that can be taken to identify, tackle and prevent abuse, violence and exploitation in its different forms. They created detailed action plans with innovative ideas to work with the community - students, parents and members of the neighbourhood.

We hope to meet this group again after 6 months to review and follow up on their work plans prepared on the last day of the training. Many in the group expressed it was an insightful experience for all and that it has played a pivotal role in how they perceived the issue of children's safety so far.

"मुदति फाउंडेशन के टीम मेंबर के साथ काफी अच्छा अनुभव रहा है इनके सारे content क्लियर थे और समझने का तरीका भी काफी अच्छा था और इस ट्रेनिंग के बाद मेरे नज़रिये में बदलाव आया है" (My experience with Mudita Foundation's team member was very nice. Their content was clear and facilitation was also very good. After this training my perception has changed.)  
— Teacher, Urban Education Program, Navjyoti India Foundation, Bawana

With Laksh Foundation, one of our strongest Leher collaborators, we conducted a 'review and update' meet with all the teacher trainees meet with all the teacher trainees across 6 villages of Haryana - Alampur, Mangar, Sirohi, Dhauj, Silakhari and Khohari. The trainees have been conducting awareness sessions on personal safety regularly

and expressed the need for more tools and activities related to safety to engage the older children in villages.

Due to their initiative in networking with the local child protection government stakeholders, organisation's team members were invited to participate in a workshop conducted by the child welfare committee. The

centres are planning to conduct parents teacher meetings to expand their conversations on safety and protection issues with parents. They also want to organise sports day events on the theme of child safety and protection to continue with conversations on the issue with children and parents.

## The Safe Spaces Project

It is now the third quarter of our pilot project in the Mangar village of Haryana in collaboration with Laksh Foundation.



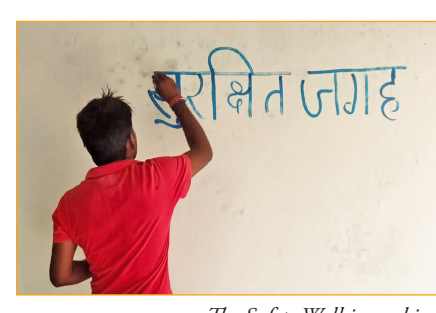
Collages made by the adolescent group

In October, the adolescents group participated in a collage-making activity to explore their understanding of a 'safe space'. The colourful outcomes of the activity brought forth various lenses through which children perceive their 'safe space'. While some collages showed

spaces (home, natural spaces, school, temple) others showed people (family, friends) and yet others showed action or emotions (loving, kind, playing, music, laughter, joy) that represent safe spaces. These collages were displayed on the 'Safety Wall' at the Mangar centre, physically establishing the safe space as a part of this project. The team has been regularly updating the wall with relevant information related to children's safety from various forms of abuse.

In November, the 'safe space' project team organised a Parent Teacher Meeting where all the parents were introduced to the 'safe spaces project' for their information. Children role played as key stakeholders such as the police, child welfare committee chairperson, DCPU officer and Laksh teacher to

create awareness for the parents on the local child protection government mechanism available in their region.



The Safety Wall in making

The computer teacher conducted a session on cyber safety for 14 children in the village with our assistance. As we are moving closer to completing a year of this project, we feel immense pride in seeing the team gain more confidence and ownership towards this project.

Happy New Year!

With new hopes, passion and goals, we are all set to enter 2023. From the entire team at Mudita Foundation, we wish all our supporters, donors and partners a very Happy New Year!

## DONATE NOW

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