



## Impact and outreach

### Pahal

8 Sessions



176  
Children



167  
Adults

### Leher



18  
Children



37  
Adults



## SAMEEKSHA

### Evidence based research

After 3 months of field visits, stakeholder meetings and data collection, Mudita Foundation finally completed the baseline study that was being conducted in 5 villages of Sohna block, Haryana, in collaboration with Navjyoti India Foundation. While the final report is yet to be published, we are extremely humbled by the opportunity and support offered by team Navjyoti India Foundation to us throughout this process. We hope that this study will lead to a meaningful intervention towards building communities that can prevent and resiliently tackle issues of abuse, violence and exploitation.



Meeting with the centre administrator at One Stop Centre, Sohna, Haryana



Data collection using participatory tools with youth groups



Safety mapping activity with children in one of the villages

### Autumn is arriving!

Despite the rising temperature and unpredictable monsoons, work continued and for that we are grateful to all our supporters, partners and new collaborators who have shown immense trust in us and commitment to the cause.

Delighted to share with you all updates from the months of July, August and September 2022.



## PAHAL



Pahal session for Uninhibited fellows in Bengaluru

### Awareness Sessions

Through Pahal, our awareness program, we collaborated with three new entities this term- KIIT World School in Sohna, Haryana ; Uninhibited in Bengaluru and The Gender Lab (Jind team) in New Delhi. A total of 8 awareness focussed interactions were organised by Mudita Foundation, reaching out to 345 children, youth and adults.



On 23rd July, at **KIIT World School in Sohna**, Haryana, we met 34 educators in person to talk about children's right to safe spaces everywhere. We engaged with this group through a plethora of participatory tools that helped them explore their school from the lens of safety. A brief training on the POCSO Law and reporting child sexual abuse was also included in this session.

In August, Mudita Foundation was invited by **Uninhibited NGO** to conduct a session as part of the induction program for their new batch of Fellows. Joyita Ambett, our co-founder, trained 16 Fellows on POCSO and its implications in communities. The fellows will be placed in remote villages in different parts of India for two years, working with adolescent girls on menstrual hygiene and health.

**“I really wanted to know what happens if a fellow encounters such situations of abuse in the field and that was addressed very well. I would definitely love to have more sessions with her in the future” – attendee, session at Uninhibited NGO, Bengaluru**

With **Etasha Society in Delhi**, we have started conducting monthly sessions on risks to the safety of youth. 43 college going youth attended Mudita Foundation's online awareness sessions on 17th August and 19th September. These online interactions

shared information on different types of abuse, the risks youth face in the physical and online spaces and the laws that can protect them. One of the key features of these sessions has been the POSH Law which all the participants felt has been beneficial for them as they are all exploring new jobs.



In the first week of September, we were invited by **St Columba's School as their knowledge partners for their Edmund Rice Just Together Workshops 2022**. In this capacity, facilitators from Mudita Foundation interacted with over 200 adolescent students, educators and animators from 20 schools across the globe and in India. The India as well as International chapter of this workshop, offered children a platform to learn about the prevalent issues of abuse and violence, resilience as a concept and tools that can help build safe spaces. The workshop was organised online over the span of 4 days.

As a part of our ongoing collaboration with **Aditya Birla Education Academy**, another session on Child Protection Policy was organised on 15th September. Abha Juerkar from our team led this awareness interaction for 27 educators who had registered from across the country.

The Jind (District in Haryana) team of **The Gender Lab**, comprising 6 Fellows and 4 team members was visiting Delhi for an exposure visit. As part of this a training on abuse and risks in the context of the organisation's Child Protection Policy and the POSH policy was conducted by our co-founder Neha Pradhan Arora. The Fellows, who are young girls from the villages of Jind who train school students on leadership and gender, had many questions and experiences to share. The session ended with the promise of online follow-up discussions with the Mudita team.



## LEHER

### Strengthening our collaboration with the Kutumb Foundation

We conducted a three day capacity building training program for the Drama in Education team of the organisation. Held at Kutumb's One Square center in Noida, these sessions were attended by 6 drama educators who shared their experiences of working in government school. Corporal punishment, domestic violence and online abuse were shared

as the highest risks to children. In some areas, child marriage also came out as a prevalent risk to the children. The three day training witnessed several theater based activities like role play, character building and freeze frame, all contextualized in a way to best explore and understand the issue and build a plan that can work as a roadmap for prevention.



Session with Kutumb Foundation at their One Square centre Noida

### The Safe Spaces Project in Mangar Village saw



Meeting at the Child Welfare Committee, Faridabad



Adolescents engaged in an activity



Awareness interaction with the parents of the adolescents group

A total of 4 visits, between July and September, aimed towards creating a safe space in the community. We are halfway through the annual plan. We have been interacting with the adolescents group to create awareness and build their capacity towards understanding and identifying the risks of abuse that surround them. So far the adolescents have actively participated in a village tour to map safe spots, ranked issues as per their prevalence, and been introduced to games that explain the concept of personal boundaries. In the most recent session, this group was introduced to the POCSO Act to equip them with knowledge about the protection system against the crime of child sexual abuse.

An introductory and informative interaction was also scheduled with the parents of the adolescents and a youth group of 12 boys. In July, we

visited the Child Welfare Committee, Faridabad and had the opportunity of interacting with Mr Shripal Kharana, Chairperson CWC. As a part of stakeholder engagement, we also met with the Anganwadi support staff and visited the two government schools of the village to explore opportunities of working together for children.

The Mangar team of 8 teacher trainees has been leading this project in their village, for which regular training and follow up e-meetings are conducted with them every month. The team has started to make home visits to initiate conversations about the project and child safety as an essential with all the parents of the community. Every alternate week they conduct activities with the children of the center as well. Currently, the team is preparing to host events that can engage more villagers to become aware about this initiative.

### Thank You

A lot is in the pipeline for the next quarter and we hope to continue with the same energy and vigor. Your support and faith in our vision has been our constant source of motivation, through all the crests and troughs. Grateful to each and every volunteer, partner and donor of Mudita Foundation. As we approach the festive season, team Mudita wishes all of you good health and happiness.

If you or anybody in your network is willing to learn more or work towards our cause, please do write to us at [mudita@muditafoundation.in](mailto:mudita@muditafoundation.in)

## DONATE NOW



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