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A glimpse of our recent initiatives and impact while celebrating the power of collective action.



Session with Etasha Youth group on Risks to Youth

# **Conversations on** safety as a right for every child, youth and women

ur Pahal sessions from April to June, were conducted with stakeholders from diverse age groups and backgrounds ranging from young adults to parents to organisational teams and educators with the common vision of creating a safe space for children and themselves. The awareness sessions primarily focused on the risks to youth, creating safe classrooms, child protection and the Sexual Harassment of Women Workplace (Prevention, the at Protection and Redressal) Act.

session focused on the existing risks to youth, laws and protection mechanisms including the organisational POSH policy and the 5 Ds of bystander intervention.

### **ITI Gurugram**

Similarly, two sessions on understanding risks were conducted for girl trainees in the 18 - 24 age group at ITI, Gurgaon. The sessions focused on imparting awareness on risks in personal relationships, public places, work spaces and online.



# **Total Outreach**





Parents

### Sessions on child protection

#### **Pure India Trust**

An awareness session was conducted for the mothers of children and adolescents at Chattarpur's Fatehpur Beri village. The mothers gained insight of the risks to children and engaged in a card ranking activity to access and rank the risks prevalent to children within the village. The Cat and Mouse game played at the end brought forth much laughter while asserting the power of the collective to keep children safe.

#### **Talent Ease**

TalentEase works on providing life skills for children and young adults and our session with their staff and classroom facilitators focused on creating safe classroom practices, POCSO Act, identification and response to abuse.

### Amrita Vidhyalaya

A three hour session was conducted for all the teachers of the Amrita Vidhyalaya in Bengaluru. The interactive workshop gave them insight into the complex issue of child sexual abuse along with an understanding of the law and their role as teachers in safeguarding children.



A session with teachers of Amrita Vidhyalam, Bangalore

### **Aditya Birla Education** Academy

We conducted a session on child protection for participants of the Advanced Certification in Education and gave them an overview of the need for safe classrooms and the tools and practices that can be used to create the same. The student groups consisted of teachers from IB schools and organisations like Room to Read.

The session on POSCO Act conducted by Mudita Foundation was effective to realise the importance and necessity of this Act. We are now armed with enough knowledge about POSCO Act and child abuse and the various other processes involved pertaining to this Act. Thank you, Mudita Foundation for creating the awareness about the POSCO Act and also importance of it.

Session on Risks to Youth with students of (Women's) ITI, Gurugram

"आज मैंने यह सीखा कि हमें कोई भी परेशानी हो जैसे ऑफिस में कोई गन्दा व्यवहार कर रहा हो हमारे साथ तो हम उसके खिलाफ केस कर सकते है और किसी और के साथ कुछ गलत हो रहा हो तो उसकी मदद कैसे करे।"

- Participant, Etasha Youth group

"आज का session मुझे बहुत अच्छा लगा क्योंकि जो कार्य या अपराध हम लोग छुपा लेते है वह नहीं छुपाना चाहिए क्योंकि अपनी सुरक्षा और दूसरों की सुरक्षा हमारा अधिकार है।"

- Participant, Etasha Youth Group

"अच्छे से एक्सप्लेन कर के बताया गया और काफी examples भी इस्तेमाल किये गए।"

- Participant, ITI Girl trainee

# Sessions on prevention of sexual harassment at the work place (POSH)

### Edmund Rice Schools, India

A three part training spread over 3 days was organised for the Internal Committee (IC) members of the Congregation of Christian Brothers India's St. Columba's and St. John's Schools. The IC members gained understanding and clarity of their roles, responsibilities along with a niche towards dealing with cases, processes and conciliation.

### ITI, Gurugram

A POSH session was also held for the ITI staff members and the student representative Internal of the Committee (IC).



POSH session with ITI, Gurugram staff

### **Building first** responders in communities

Adolescents



Participants sharing their learnings from Phase I

### **Etasha Society**

commenced the e second phase of our Leher programme with Etasha Society's Haryana school team of remedial teachers, counselors and senior leaders in June. The day-long session included reviewing their own classroom practices and sharing challenges faced in these practices post phase I. We then focussed on identifying and understanding the formal and informal mechanisms and institutions for child protection followed by tools and resources that can be initiated in the classroom to make children resilient to abuse, violence and exploitation. This can be done by building emotional vocabulary, sharing information and creating a safe environment for children to be able to share. The teachers ended the session with a definite vision and strong commitment for their safe classrooms.

''कैसे हम बच्चों की हेल्प कर सकते है जिनके साथ शोषण होता है। जिनके साथ शोषण होता है हमे उनसे कैसे बात करनी चाहिए और क्या करना और क्या नहीं करना चाहिए। जब किसी बच्चे के साथ शोषण हो रहा हो तब हम कहाँ जा सकते है और किनसे हेल्प ले सकते है। बहुत सी एक्टिविटी के बारे में जानने को मिला और जो हमारे डाउट थे वो भी कुछ हद तक काम हुए। डर की पीली के द्वारा अलग अलग डर का पता चला की क्या-क्या डर होते है और उनको कैसे काबू कर सकते है।"

– Participant, Etasha

#### – Indira (Talentease)

The session with Mudita Foundation was extremely informative and interactive. The sensitive topic was handled maturely and with care by Ms Joyita. I was able to gain knowledge about protection laws, signs of child abuse, what should be done in these situations, how to prevent and identify these cases etc. I appreciate the initiative taken by Mudita foundation to create awareness in schools and educators which will help in creating a safe environment in schools as well as in the local community. Thank you.

– Teacher at Amrita Vidhyalaya

### Sessions with youth

#### **Etasha Society**

We embark on the second year of our monthly sessions with Etasha Society's B SMART Job Readiness and CATT (Confidence in Accounts, Taxation and Tally) batches. The sessions were conducted for youth groups between the age group of 18-25 years at Khanpur, Mangolpuri and Dakshinpuri centers. Each 3 hour

#### **Indus Action**

session An orientation on understanding and preventing workplace sexual harassment and POSH Act was delivered for the employees of Indus Action. The session consisted of examples to understand sexual harassment, its impact and the redressal mechanism as per the law in every organisation (role of an Internal Committee (IC)).

"Thank you for such an interactive and interesting session. I learnt that now the role of IC is much more than receiving the complaints and acting upon them. Our role also includes spreading awareness about SH"

– IC Member

"It was a very informative session. I learnt all aspects of the POSH Act."

– Participant, ITI Staff

"The session touched on really pertinent points and provided the employees in the organisation a thorough understanding of what constitutes as sexual harassment and what people can seek justice for if harassed at the workplace. It was interactive and I hope this conversation is taken forward. I also hope the law continues to become more and more progressive."

– Anjali Ramesh, Indus Action





Quiz being conducted at Etasha training



Participants sharing maps og their stakeholders



My Safety shield activity with Etasha counselors and remedial teachers

### **The Safe Spaces** Project -

For learning and sharing for children and youth in the community leading to increased resilience



for the project as they enter year II. Focussed intervention with the parents / mothers began with an assessment of the internet usage amongst women and their awareness of the same and was followed by a short session on how the internet works, the risks it may pose and



Alampur to create their own vision of their village as a safe community for everyone. Challenges and potential stakeholders were also identified. A baseline assessment was conducted with the teachers, the adolescent group and their parents to gain understanding of existing perceptions and awareness with regard to risks to children and knowledge of laws. The teacher and parent groups were further provided with images of abuse, violence and exploitation and had to rank them in descending order for their respective villages.

The new adolescent groups participated in a safety mapping exercise for their own village by taking a walk through different sections of their village along with their teacher leaders. The students then created a map of their village with marking areas where they felt safe and identifying and recording where they felt unsafe. They also did the same for themselves within a daily schedule.

Representation of Our vision for 'Mangar Safe Space

fter a successful fund-raising campaign we were able to start Year II of our pilot project in Mangar village, Haryana and initiate the project in two more villages of Haryana namely Dhauj and Alampur.

#### Mangar

The teacher leaders and the adolescent core team members together prepared a vision board

Adolescents of Alampur mapping the safe and unsafe areas within their community

how to keep themselves safe. The adolescent group for Mangar village demonstrated and enhanced their emotional vocabulary through introspection(Life Tree activity). They also observed and appreciated each other's expression through a Gallery Walk. They then worked on reviving their puppetry group (Suraksha ka pehla kadam) by making new puppets, reworking on stories and rehearsing for another showcase. The adolescent group, with guidance and support from the teacher leaders successfully did their first independent show on domestic violence for a small group of parents and children in one of the neighborhoods.

#### **Dhauj and Alampur**

We began our journey with both the new villages by meeting the teacher leaders of Dhauj and



Ranking activity being done by adolescents group parents at Dhauj

It is exciting to see the Safe Spaces project now take root in Mangar and begin to expand its scope and impact while also being driven towards a beautiful vision in all three villages.

forward We look to new partnerships and programmes in the next quarter!

### **DONATE NOW**



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