



MUDITA FOUNDATION

ANNUAL REPORT 2022-23

About Mudita Foundation

We at Mudita Foundation believe that every child and adult has a right to a life that is safe, free and lived with choice and dignity and this will be achieved only when safety is recognized as everybody's right and a collective responsibility. Safety and protection is a sensitive, foundational and intersectional issue and therefore must be integrated into developmental projects working towards welfare and empowerment.

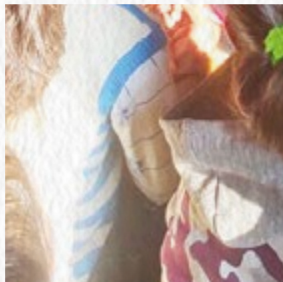
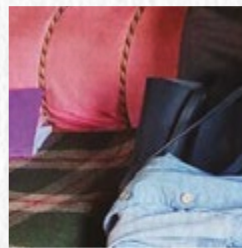
Through our work, we aim to build resilient individuals and communities that have the ability to identify, prevent and tackle abuse, violence and exploitation through active and effective response and prevention mechanisms.

We work towards tackling and preventing any form of abuse, violence and exploitation that impact children, young adults and women through-

- Direct interventions – from awareness and prevention to capacity building for call for action and casework.
- Collective impact - through sharing of knowledge and building partnerships
- Action-research – on issues related to abuse, violence and exploitation in communities

We work with diverse stakeholders including children, adolescents, young adults, parents, teachers, communities, community-based organisations, civil society organisations, corporates, government and others.





Vision

A world where each individual is living up to their full potential without fear, abuse, and exploitation.

Mission

Build and strengthen networks, systems, communities and individuals to prevent, rescue, protect and empower those vulnerable to or trapped in situations of human trafficking and other forms of abuse and exploitation.



A note by co-founders



Year 4 for Mudita started with hope and excitement as we explored the power of community radio in the mountains of Uttarakhand. It continued with more firsts as we consolidated partnerships and launched new initiatives like the Awareness sessions for youth (Pahal) Safe Spaces project in Faridabad District (Haryana), a baseline study (Sameeksha) in Sohna block, Gurgaon District (Haryana) and a Baatcheet session for sharing and collaboration for six organisations working in communities in Haryana, on issues of gender inequality and empowerment. The year ended with a capacity-building for student leaders (Leher) towards becoming safety champions in their own communities in North Delhi.

Each of these reinforced for us the strength in each programmes and the critical need to take them to more partners in new regions. Each of these also helped us identify and understand emerging risks and existing levels of awareness and vulnerabilities for all these groups as we used participatory tools in innovative ways in our interventions.

Year 4 helped us look back with pride and look ahead with anticipation and renewed courage and certainty. Year 4 helped us gain momentum even as we began to unfurl our wings to fly.

Thoughts from the Mudita Family

I believe safety is important because it is table stakes. It's a necessary condition for someone to thrive and reach his or her full potential. My knowledge of abuse is primarily through reading. I have been fortunate to grow and thrive in an environment where I didn't have to worry about safety. As my own child grows up, that's the kind of world I want him to inherit.

Mudita's approach is to empower the community from within. I've read that more often than not the abuser is in the immediate acquaintance of the victim. An effective way to address this issue is to build collective responsibility. My vision for Mudita of course is a future where Mudita's work is not needed! From empowering the victims to reach out for support and prevent abuse to a future where there is no abuse and there is respect for personal freedom and space.

P. Ramanujam

*Advisor, Mudita Foundation
Country Lead (India), data.ai*

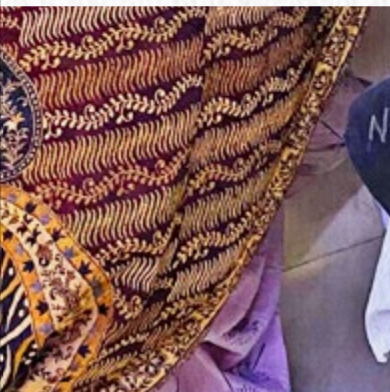
Research shows that one of the best ways to prevent child abuse before it starts is by building child-friendly communities. I believe communities have the capacity to find solutions to protect their children. Especially, in relation to chronic problems like child labour, child trafficking, cybercrime etc they are willing to make a change if supported by suitable options.

Mudita's approach to engage and collaborate with schools, colleges, organisations, communities to create awareness as well as equip them with knowledge, tools and support gives me confidence and a lot of hope in their mission to build networks, communities and individuals who are capable of creating a safe social infrastructure for our future generations.

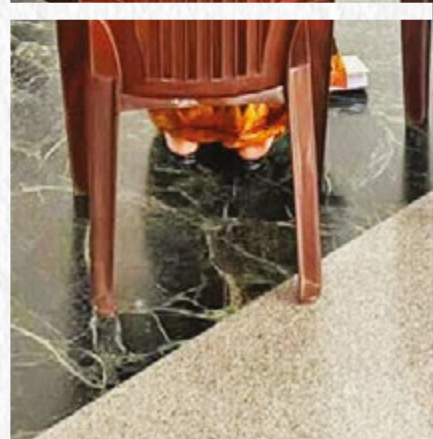
Mousumi Nag

*Trustee, Mudita Foundation
Managing Director, Connect*





The year in numbers





“The journey of a
thousand miles begins
with one step.”

– Lao Tzu





Pahal



To bring about a change, to fight through the years of violence perpetuated by patriarchy, to challenge the extreme normalizing of abuse, to speak of the discomforting truths, and to rise above the denial, indeed is a journey of a thousand miles. However, one conversation, one piece of information, one story; can start this journey. The core of our program PAHAL lies in this thought. We believe that it is imperative to initiate conversations about issues of abuse, violence and abuse that have long been shrouded in silence. And not just with adults, but with individuals from all age groups and various walks of life.

This year, Mudita Foundation had the opportunity of conducting 36 Pahal sessions for various groups of individuals and NGOs as well.

At the onset of the working year in April 2023, we met a group of 10 children during our visit to Rudraprayag, Uttarakhand. This session was organised in cooperation with People's Power Collective at their radio station Mandakini Ki Awaaz. In May, we visited Rtinjali's centre at Kusumpur Pahadi near Vasant Vihar, Delhi. Here, we conducted a story telling session about personal safety for primary school children followed by some playtime. Later during the second half of the year, we collaborated with one of our supporters Ms Anchal Bhalla to hold interactions at her learning centre in Khanpur. In November, we visited this centre twice to interact with children. One interactive story session was organised for the age group 5-10 years and another for teenagers. We met the teens group again to hold conversations about online safety

and healthy relationships. We were humbled to see children's trust in us in such a short span of time. However, it also exposed the risks surrounding so many young ones, especially in the virtual world. With the help of Pure India Trust, we visited a group of village children at Fatehpur Beri to introduce them to concepts of personal boundary, safe circle, private body parts safety and only safely.

One of our primary tools while engaging with children below 10 years of age has been storytelling. With props and puppets, we take children into an animated world where they

resonate with the characters and learn about personal safety in a fun way. With children above 10 and for adolescents, we tailor make tools that involve movement, free drawing & writing, creative expression and reflection.

At Etasha Society, we worked throughout the year engaging with 11 new batches of youth groups across their centers in Delhi NCR. These interactions primarily focussed on creating awareness about the risks of violence, abuse and exploitation in the digital, physical and work space. At Ritinjali as well, a similar session

was organised with the boys of Second Chance School and girls at their skill development course.

The Gender lab, Uninhibited and SSM college, were few of the new collaborations this year where our team interacted with the youth groups directly on field.

These sessions also covered some key concepts like safe relationships and consent, while giving ample information about laws and the legal system that offers protection from abuse, violence and exploitation in India.

Impact data on sessions conducted with the youth at Etasha Society

At Etasha Society, 9 sessions were conducted with over 200 youth – online and in person over the course of the year by Mudita Foundation.

The sessions helped the youth participants understand abuse in its various forms and identify the risks around them, while also giving them information on where to seek help.

Issue / Law	Extent of knowledge on a scale of 1 to 5 with 1 being the lowest. (before the session)	Extent of knowledge on a scale of 1 to 5 with 1 being the lowest. (after the session)
Sexual abuse and harassment	69.8% marked 3 or below	88.5% marked 3 or above
Human trafficking	72.5% marked 3 or below	86.3% marked 3 or above
Online abuse and exploitation	67% marked 3 or below	87.8% marked 3 or above
Laws that protect women and children	78.1% marked 3 or below	88.4% marked 3 or above

This year, we had the opportunity of interacting with a wide number of educators from across the country. We conducted 5 online workshops on the need for child protection and the significance of a child protection policy with over 60+ educators, in collaboration with the Aditya Birla Education Academy. At KIIT world School, Gurugram and Laxmi Public School, Delhi; we leveraged tools like the 'vulnerability walk' and 'card ranking' to help the educators assess

and realize the risks hovering over children in today's world.

HAB and Alternate Atlas were the new collaborations where experiential educators were helped to build the child safety approach in their work. We reconnected with UCatapult, and conducted sessions for government school teachers of Maharashtra, in Marathi language.

Some other groups of adults we addressed this year included the

women of Sena Gadsari village in Rudraprayag, mothers of the students studying at Khanpur centre run by Ms Anchal Bhalla and the skill development trainees at Ritinjali.

In December, our co-founder and trustee Anamika Rathaur facilitated a session on the role of a POSH committee for 6 Internal Complaints Committee members of the organizations.



With every passing year, conversations like these with diverse groups have only strengthened our conviction for the need to talk out these issues more and more. Every time we hear

of personal experiences of abuse and violence from our audience, we feel disheartened, yet when any participant shares feeling empowered by the knowledge of what step can be

taken to protect oneself in a situation of risk, we feel convinced that we are on the right path. The first step, the PAHAL' is the only way to pave the path towards a safer society for all.

Partner	Workshop themes
Mandakini ki Awaaz (Community Radio Station, Uttarakhand)	<ul style="list-style-type: none"> Identifying the risks around us and understanding the need for safety
Aditya Birla Education Academy (Teacher Training Organisation)	<ul style="list-style-type: none"> The Need for child safety and protection Significance of a Child Protection Policy
Ritinjali (Community Based organisation working on education in low income communities in New Delhi)	<ul style="list-style-type: none"> Identifying the risks around us and understanding the need for safety Personal Safety for children
Etasha Society	<ul style="list-style-type: none"> Risks to youth- Understanding sexual abuse and harassment at workplace, human trafficking and online abuse The POSH Act and working of an Internal Committee
Uninhibited	<ul style="list-style-type: none"> The need for child safety and protection Child protection & the POCSO law
The Gender Lab	<ul style="list-style-type: none"> Child Protection Policy The POSH Act
Alternate Atlas	<ul style="list-style-type: none"> Child protection and the POCSO law
UCatapult	<ul style="list-style-type: none"> Child protection
Neev Centre	<ul style="list-style-type: none"> Personal Safety of children Healthy Relationships Talking about safety with your children
Here And Beyond	<ul style="list-style-type: none"> Child protection and the POCSO Law
Pure India Trust	<ul style="list-style-type: none"> Personal Safety of children
KIIT World School , Gurugram	<ul style="list-style-type: none"> Child safety and protection
Laxmi Public School, Delhi	<ul style="list-style-type: none"> Child safety and protection
SSM College	<ul style="list-style-type: none"> Risks to youth



Testimonials from Pahal Sessions

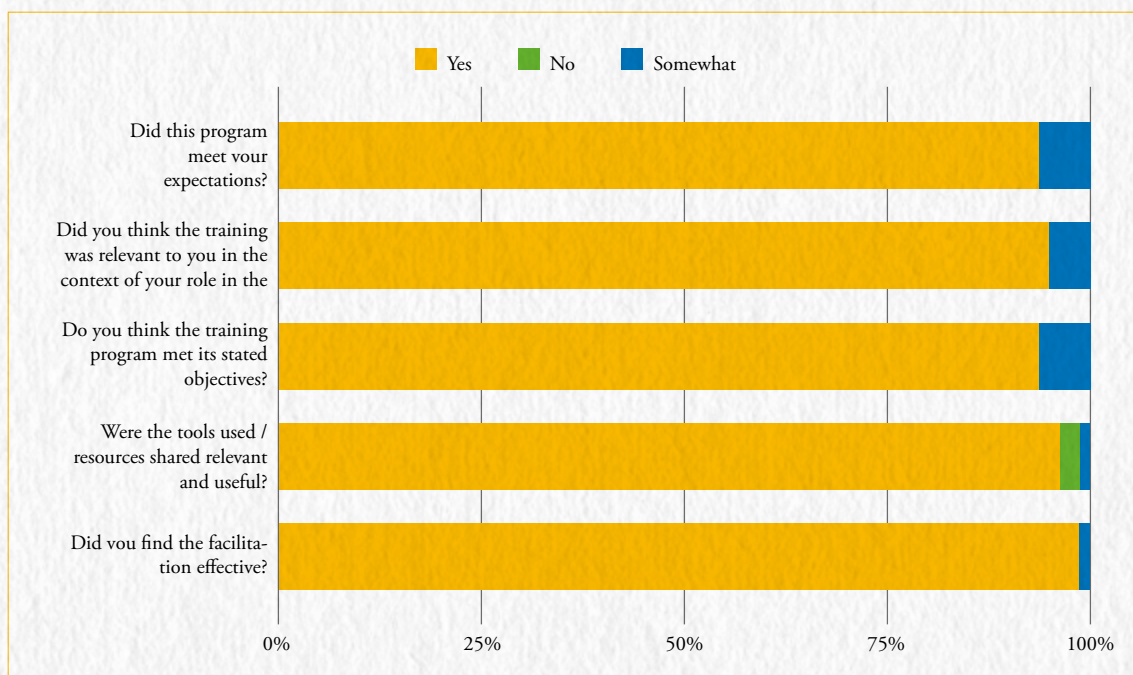
‘धन्यवाद आपका जो आपने इतनी सरल भाषा में हमें बच्चों के बारे में इतनी महत्वपूर्ण जानकारी हमारे साथ सांझा करें और आगे भी अगर ऐसी कुछ नहीं जानकारी हो या कानून के बारे में कुछ नए अपडेट हो तो आप हमारे साथ सांझा करें’

– Participant, Uninhibited

‘The session was really helpful & I got to know about the laws like POSH & POCSO hence, I’ll implement them in my life from now onwards.’

– Student, SSM College

Feedback chart based on all the responses received from Pahal Sessions.



“Social change comes
through people”

– Paul Watson





Leher



The program Leher chases empowerment of individuals, teams and organizations through knowledge sharing and capacity building. The tools used to encourage conversations as a part of the program are always creative, adaptable and contextualized for every organization. With each passing phase of this program, we aim to help individuals discover the safety champion within themselves.

This year, 2 new community based initiatives joined us as a part of Leher.

In April 2022, our team visited the Rudraprayag District of Uttarakhand to execute a 2 day training program on child and women safety with 12 vibrant radio jockeys from 5 different community radio stations across the Uttarakhand valley. On the last day of the training, together we created a work plan on how the power of community radio could be leveraged to propagate the right information

about child safety and protection in remote villages. On the third day, we visited the district level stakeholders to get a better understanding on the prevalence of crime against children and women in the district. We met representatives at the DLSA, One Stop Centre, District child Development Unit, Women's Helpline and District Child Protection Unit.

Milestone:

For the very first time team Mudita Foundation went on air through Mandakini Ki Awaaz, a community radio station by People's Power Collective. It was a humbling yet a very exciting moment for all of us at Mudita. A milestone as for the first time ever, we were able to reach out to such a large audience through creative mass communication means like community radio. Thankful to the RJs for talking about our cause to the villages.

Testimonials from Leher Sessions

“मुद्रिता फाउंडेशन के टीम मेंबर के साथ काफ़ी अच्छा अनुभव रहा है इनके सारे content क्लियर थे और समझाने का तरीका भी काफ़ी अच्छा था और इस ट्रेनिंग के बाद मेरे नज़रिये में बदलाव आया है”

My experience with Mudita Foundation’s team member was very nice. Their content was clear and facilitation was also very good. After this training my perception has changed.

– Teacher, Urban Education Program, Navjyoti India Foundation, Bawana

“मुद्रिता फाउंडेशन जो पहली बार सुना हुआ नाम था लेकिन जब आपके साथ दो दिन बैठने का मौका मिला तो काफी कुछ आप लोगों से सीखने को मिला क़ि अभी भी हमारे समाज में महिला एवं बच्चों के ऊपर कसि तरह की हिसाएँ होती हैं उनकी बारीक़ियों एवं हिसाओं से बचने के लिये कानून की बारीक़ियों के बारे में बताना नश्चिती रेडियो कार्यक्रमो को बेतहर बनाने में मददगार होगा।”

– Narayan Singh, Umeed Network

Later in the second half of the year, we collaborated with Navjyoti India Foundation’s Urban Education program in the Bawana Industrial area of Delhi. 36 educators from this high risk community joined us for a 3 day interactive workshop. The discussions with this group were intense, animated and honest, bringing forth the high prevalence of child and women abuse in the community. The group was enthusiastic about incorporating the safety approach in their future work with the children and expressed strong conviction about the need for it.

In March 2023, we tailor made a new module for the adolescents and youth students of Navjyoti Urban Education centre’s Gurukul program in Bawana to help them understand, identify and respond to situations of abuse furthering their role towards making their community safe from abuse and violence.

We also adapted the ‘Leher’ model to train some 80+ school going children from India and across the world as a part of the JUST TOGETHER workshops hosted by St Columba’s School in Delhi. 4 days, 4 interactions with students of grade 9 to 12, teachers and animators leading to brilliant presentation on plans of action developed by the students on creating safe spaces.

Two of our previous partners, namely the Kutumb Foundation and the Etasha society, invited us to train new teams in their organisation.

In July, we visited the Kutumb Foundation’s One Square center in Noida to work with their theater program’s facilitators. The 3 day program planned for this group witnessed theatrical tools like character building, freeze frames and script building to identify the existing risks to the children they work with while also developing a response

system most appropriate in their setting. Several stories related to child abuse were shared by the facilitators from the villages they worked in.

At Etasha Society, a workshop was conducted for the Haryana School team which included educators, counselors and remedial teachers as well. A follow up workshop was scheduled for a few months later with the same group.

At Laksh Foundation, we continued our work with teacher trainees and helped them with a thorough network mapping of formal and informal stakeholders working towards women and children’s safety in their district. As a part of this activity, the team was asked to make a visit to different government stakeholders which resulted very positively in rapport building with the Chairperson of Faridabad Child Welfare committee. Visits were also paid to the local police station, district child protection unit and women cell.

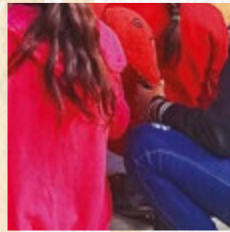
“There is no power for change greater than a community discovering what it cares about.”

– Margaret J Wheatley

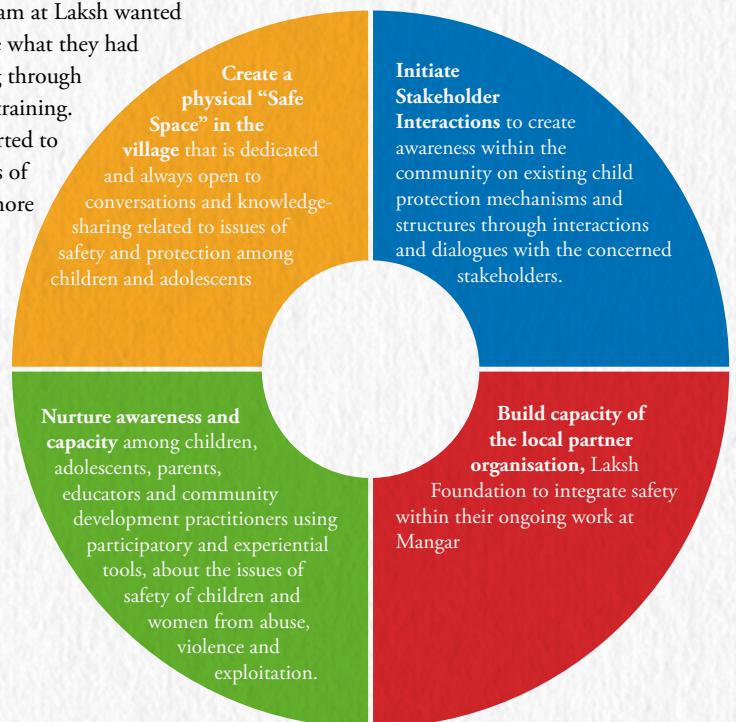




The Safe Spaces Project



A tangible result of our extensive work at Laksh foundation- the 'Safe Spaces project' started in April 2022. The team at Laksh wanted to materialize what they had been learning through the ongoing training. They had started to observe issues of child abuse more clearly now. Together, we decided to create a safe space in at least one village.





Mangar, one of the villages where Laksh foundation runs its educational center, was zeroed upon to start the pilot project. With the aim of visiting the village once every month, we initiated the project and in the process worked end to end with the adolescents group of Mangar. The objective was to identify 'safety champions' from within the community who can drive change towards safety for all.

Throughout the year we conducted 9 sessions with 15+ adolescents, 2 interactions with the parents and 1 session with the youth group of the village. Meetings were organized with the local government school principals, child welfare committee, panchayat and the asha

workers, through which we were able to get a better understanding of the prevalent child and women abuse issues in the village. Child marriage and domestic violence were put forth as the most prevalent risks to the safety of children and women.

Topics covered during the interactions

- Personal safety; safe and unsafe behavior
- Cyber safety
- Understanding child sexual abuse and the POCSO Law
- Child Marriage and child labour

Milestone:

In January 2023, a puppetry camp was conducted and stories showcased at the village chaupal at the end of it. The group chose, wrote and presented 4 stories on the issues of domestic violence, cyber crime, child marriage and bullying, in the context of their own village. This event was a culmination of a three day puppetry workshop during which the adolescents and teachers assessed the risks around them, conceptualized the stories, hand crafted the puppets and showcased it to the entire village. Many children shared that it was a different and empowering experience for them. Rightfully the group decided to name the initiative 'SURAKSHA KA PEHLA KADAM'



Highlights of the project;

- Establishment of a physical 'safe space' at the Mangar center dedicated towards open conversations, awareness, resource and information sharing with a Safety Wall displaying important information.
- A Parent-Teacher meeting, conceptualized by the Mudita team and executed by the Laksh team to give parents the information on available child protection mechanisms and the Safe Spaces project
- First time interactions with district and village level stakeholders, initiated by the Laksh teacher team
- Over 50 children, youth and adults witnessed the first ever puppet show on stories related to domestic violence, child marriage, bullying and online abuse /exploitation.



Impact of the project:

- Increased awareness within the Mangar team about the existing child protection response structure at the government level
- Increased skill and confidence in the Mangar team members in initiating conversations with children, parents and stakeholders
- Integration of sessions on safety (fortnightly) into the Centre's programme
- Establishment of a physical 'safe space' at the Mangar centre dedicated towards open conversations, awareness, resource and information sharing with a Safety Wall displaying important information
- Improved perception of the prevalence of risk and Increased knowledge about the issues of child abuse and exploitation
- Improved confidence and learning of a skill (puppetry) for the adolescents group which was used to raise their voice in the community for the first time.
- Better access and sustained relationship with the Child Welfare Committee chairperson.
- Finding synergy and shared commitment with other field organisations working on gender-based violence and learning from their experience

Entering into the second year of the project, we aim to expand this intervention to 2 more villages of Haryana in collaboration with Laksh Foundation. We aspire to replicate the model in two more villages, furthering collective responsibility towards safety for all while also creating a dedicated safe space which anybody and everybody can access, share experiences and seek help towards building a safer community, free from abuse, violence and exploitation.

“Research is to see what everybody else has seen, and to think what nobody else has thought.”

– Albert Szent-Gyorgyi





Sameeksha



Through 'Sameeksha', we constantly try to build an evidence based approach in all our interventions by incorporating research as a tool to gain better contextual understanding, create concrete impact measures and identify new trends related to our cause, the increasing gaps in tackling the issues and the good practices across organisations that can help find a long term solution. We initiate small and large scale studies in collaboration with our partners to meet these mentioned purposes.

In summer 2022, Mudita Foundation and Navjyoti India Foundation came together to conduct a detailed baseline study in 5 villages of Haryana. This study was conducted as a precedent to a pilot project that both the organizations hope to execute in Sohna Block of Haryana, to set up active and effective community-based systems that prevent

and respond to violence and abuse against women and children.

Some of the key objectives of the baseline assessment were:

1. To understand the nature and prevalence of risks to abuse and violence faced by women, youth and children in these communities
2. To gauge the knowledge of risks, as well as acknowledgment of risks by women and children (especially for tabooed issues such as human trafficking and child sexual abuse)
3. To learn about how these issues of abuse, violence and exploitation are perceived by local community members; how they cope with them; and what are the gaps
4. To understand what are the protective factors and risk factors for abuse in the community

5. To assess how active and responsive formal as well as informal systems for women and child protection are in the area
6. To learn about people's perceptions on strategies that can be used to create a safe environment in the community for children, adolescents, youth and women

Outreach and Methodology:

The baseline assessment was conducted in 5 villages in the Sohna block of Gurugram, Haryana. Data was collected from diverse population groups residing in these villages- including, women, children, and youth. In each village, data was collected from two women's groups, up to four youth groups, and one children's group.

No	Village	No. of participants in the baseline assessment				
		Women	Youth	Children	School principals	Sarpanch
1	Village 1	24	21	20	1	1
2	Village 2	23	26	17	1	1
3	Village 3	37	18	19	-	1
4	Village 4	24	16	19	1	1
5	Village 5	24	22	15	1	1
Total		132	109	90	4	5
Navjyoti India Foundation- staff and volunteers		10				
District level officials		6				
Net total		356				

The data was collected in 12 days over a period of about 45 days in four different . A number of different participatory research tools were utilised to gather data from each of the stakeholder groups. These included –

- Survey questionnaire for children
- Safety mapping with children
- Ranking of forms of abuse
- Mapping of stakeholders
- Interviews with government. stakeholders
- Focussed group discussion
- Baseline form for volunteers

Key findings –

Issues such as domestic violence, sexual harassment in public places and child marriage are prevalent in these five villages. Child labour is also an issue of concern, purportedly more amongst the migrant population.

Several instances of child sexual abuse were alluded to in the conversations with these groups, but there was relative silence around it. Children and youth also disclosed signs of unsafe behaviour on the internet, leading to issues such as blackmailing, frauds and other kinds of threats.

Respondents' knowledge around these issues is preliminary. Participants were also somewhat unfamiliar with the terminology- such as the concepts of 'child sexual abuse' and 'human trafficking'. Lack of vocabulary can lead to less identification, acknowledgement and reporting of the problem.

Respondents were only partially aware of the formal governmental systems of women and child protection. They were mostly familiar with the police, ChildLine (1098) and women's helpline (1091).

Women's federations, SHGs, or sewing classes established by Navjyoti India Foundation were considered by some of the respondents as potential safe spaces to discuss issues around safety. However, in order to properly establish these groups as 'safe spaces' for women and children, or as active and effective response mechanisms in the community; consistent and focused efforts will be needed in the future.



“Communication
is the real work of
leadership”

– Nitin Nohria





Baatchheet



This program is an initiative and endeavor to build a collective consciousness, consensus and impact by bringing together different organizations and practitioners working towards the same cause. In the effort of the same we aim to promote knowledge sharing and learning through experiences of each other. We aim to find common and long term solutions that are applicable and effective across various fields, encouraging safety for all.

This year, Baatchet Live's platform was leveraged to find synergies in the light of work being done on gender based violence by various organisations in Haryana. The online event was organised in keeping with the

'Safe Spaces Project' as gender based violence happens to be the core of prevalent abuse, violence and exploitation in Haryana.

On 20th January, 2023, 6 organisations working in different districts of Haryana joined us for an online interaction and shared details about their working models, challenges and success stories.



Organisations:

1. Breakthrough
2. Laksh Foundation
3. The Gender Lab
4. Etasha Society
5. SMART, Mewat Radio
6. Navjyoti India Foundation

Domestic violence was brought forth as the most prevalent and normalized issue in all the areas. Forced marriage and child marriage also continue to haunt young girls and boys, especially after the financial voids created during COVID 19. Each participant agreed that abuse and violence against women is layered with complexities of patriarchal mindset and that just empowering women is not the solution. Males of the society also need help to gain perspective.

Below are some of the challenges shared by the participants:

“Logo ki vichar dhara kaafi agal hai aur hum jo baat karte hai vo serious nahi lete aur mahila ko kam mehetva diya jata hai. Mahila sawal na kare aur chup rahe ye manyata hai”

– Representative, *The Gender Lab*

“Baat-cheet karna aasan nahi hai. Mahila taiyaar hi nahi hoti ye maanne k liye ki unke sath hinsa hui hai”

– Representative, *SMART, Mewat Radio*

“Kagazo me kaafi committees hai par reality me nahi”

– Representative, *Breakthrough*

Volunteers of Mudita

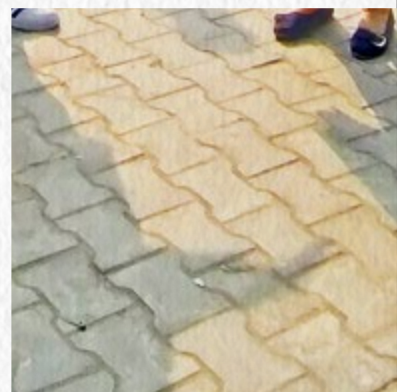
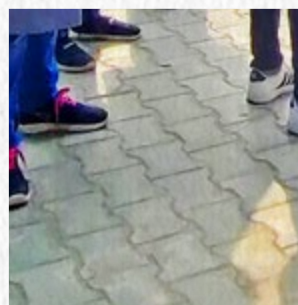
This year 4 young and passionate volunteers joined us to contribute towards Mudita's cause through their skills and time. They helped us design, create content, document, research and execute our programs on the field.

At Mudita, we constantly make an effort to provide a platform where volunteers are able to utilize their skills to their full potential and at the same time learn from the experiences at work. At the end of the term we asked are volunteers if they would now make any change in their personal choices having worked for sensitive issues like child sexual abuse, human trafficking and online abuse. Here is what they shared;

"I got to learn about the various techniques to stop the issues if they occur in my surroundings. And I believe to implement them."

"Yes, I was not fully aware of all the ways in which people can be exploited online hence I will start to take more care in the way I participate on social media and try to make myself and others less vulnerable to exploitation on the internet."

If you are someone who feels passionate about creating a safer world for all and believe that your skills and time can help us take a step closer towards the world we envision, write to us at mudita@muditafoundation.in.





Grateful to our donors and supporters!

On January 21, 2023, we hosted our second online donor meet to extend a heartfelt thank you and share the milestones achieved with all those who have helped us build the pillars of Mudita Foundation.

Every new step, every new project, every new dream, that has taken shape though our work is all because of the generous individuals who believe in us and share our vision towards a safer world for all. We thank all our donors and supporters for holding us through another year.

A big shout out to all the individuals who contributed towards our fundraising campaign in March 2023 on GIVE. Your contributions have helped us expand the 'SAFE SPACES PROJECT' to 2 more villages of Haryana.

The journey is long, but our conviction is stronger than ever. We are ready to dive into another year with the commitment to empower more individuals, organizations and communities towards identifying, understanding and tackling abuse.

We will need your continued support! To help us connect with new partners or to support our programs, reach out to our trustees on neha.pradhan@muditafoundation.in or anamika.rathaur@muditafoundation.in




Financial Statement

Assessment year	:	2023-24
Name and address of assessee	:	Mudita Foundation #6 CSC B-1, Vasant Kunj New Delhi - 110 070
Status	:	Trust
PAN	:	AAGTM1166M
DOI	:	13/12/2018
STATEMENT SHOWING APPLICATION OF INCOME FOR CHARITABLE PURPOSES		
	Rs.	Rs.
Gross receipts as per Receipts & Payments A/c	21,49,432	
Amount required to be applied to charitable purposes at 85% of gross receipts		18,27,018
Amount actually applied to charitable purposes during the year :		
- On Revenue account		
Expenditure as per Receipts & Payments A/c (excluding depreciation)	11,75,362	
- On capital account		
Fixed asset purchased	-	
	11,75,362	
Less: Previous year deficiency	-	11,75,362
Deficiency in application of income to charitable purposes		6,51,656
TAXABLE INCOME		NIL

Mudita Foundation #6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070 Balance Sheet as at 31st March, 2023 (all amounts in INR)					
Liabilities	As on 31/03/2023	As on 31/03/2022	Assets	As on 31/03/2023	As on 31/03/2022
General Fund					
Opening Balance	8,75,993	7,68,336	Fixed assets	12,571	20,952
Add : Excess of Income over expenditure	9,74,334	1,07,657			
	18,50,327	8,75,993	Current Assets		
			- Accrued interest	25,273	16,629
Corpus Fund			- TDS receivable	3,819	3,819
Opening Balance	5,65,000	3,75,000	Closing balances		
Add : Addition during the year	1,90,000	1,90,000	Cash in hand	189	
	7,55,000	5,65,000	Cash at bank	17,78,763	10,14,109
			Fixed deposits	7,84,721	7,85,483
	26,05,327	14,40,993		26,05,327	14,40,993


Notes to Accounts: Schedule B
In terms of our report of even date attached



New Delhi
08 June 2023

For Koshi & George
Chartered Accountants
(Reg.No.0039268)

G. Koshi
George Koshi
Partner
M.No 82961
UDIN: 23082961BG1PSZF9070



For Mudita Foundation

Anamika Rathour
Anamika Rathour
Trustee

Mudita Foundation
#6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070
Income & Expenditure Account for the year ended 31 March 2023
(all amounts in INR)

Expenditure	Amount (Rs.)		Income	Amount (Rs.)	
Administration expenses			Donations & Grants	20,77,021	12,12,187
Bank charges	683	2,654	Bank interest	34,172	24,511
Bookkeeping charges	60,000	60,000	Contribution for Conduct of Sessions	19,001	38,198
Computer maintenance	-	30,570	FD Interest	27,882	18,125
Office expenses	42,323	15,894			
Legal & professional charges	88,400	59,600			
Postage & Communication	14,145	20,158			
Refreshment expenses	8,243	12,957			
Staff engagement expenses	2,505	30,086			
Programme expenses					
Consultancy charges					
- Programme Associates	2,53,100	3,16,600			
- Programme Coordinator	5,36,781	3,79,222			
Workshop & Networking	29,910	-			
Production work	-	1,41,000			
Printing & Stationery	9,680	5,545			
Travel & Conveyance	1,26,167	70,720			
Development of Modules	3,425	21,392			
Donations	-	4,999			
Depreciation	8,381	13,968			
Excess of Income over Expenditure	9,74,334	1,07,657			
	21,58,076	12,93,021		21,58,076	12,93,021



For Koshi & George
Chartered Accountants
(Reg.No.003926N)

G. Koshi

George Koshi
Partner
M.No.82961

UDIN: 23082961BCPSZF9070





For Mudita Foundation

Anamika Rathaur

Anamika Rathaur
Trustee

New Delhi
08 June 2023

Mudita Foundation					
#6 CSC, Sector B Pocket 1, Vasant Kunj, New Delhi - 110070					
Receipts & Payments Account for the year ended 31 March 2023					
(all amounts in INR)					
Receipts	Current year	Previous year	Payments	Current year	Previous year
<u>Opening balances</u>			<u>Administration expenses</u>		
Cash in hand	-	-	Bank charges	683	2,654
Cash at bank	10,14,109	9,14,429	Bookkeeping charges	60,000	60,000
Fixed deposits	3,85,483	1,85,000	Computer maintenance	-	30,570
			<u>Office expenses</u>	42,323	15,894
Corpus donation	1,90,000	1,90,000	Legal & professional charges	88,400	59,600
Donations & Grants	20,77,021	12,12,187	Postage & Communication	14,145	20,158
Bank interest	34,172	24,511	Refreshment expenses	8,243	12,957
Contribution for Conduct of Sessions	19,001	34,379	Staff engagement expenses	2,505	30,086
FD Interest received	2,609	1,496			
FD Interest for PY	16,629	8,987	<u>Programme expenses</u>		
			Consultancy charges		
			- Programme Associates	2,53,100	3,16,600
			- Programme Coordinator	5,36,781	3,79,222
			Workshop & Networking	29,910	-
			Production work	-	1,41,000
			Printing & Stationery	9,680	5,545
			Travel & Conveyance	1,26,167	70,720
			Development of Modules	3,425	21,392
			Donations	-	4,999
			Purchase of fixed asset	-	-
			<u>Closing balances</u>		
			Cash in hand	180	-
			Cash at bank	17,78,763	10,14,109
			Fixed deposits	7,84,721	3,85,483
	37,39,025	25,70,989		37,39,025	25,70,989

	<p>For Koshi & George Chartered Accountants (Reg.No.003926N)</p> <p><i>G. Koshi</i> George Koshi Partner M.No.82961 UDIN: 230829618G1PSZF9070</p>		<p>For Mudita Foundation</p> <p><i>Anamika Rathaur</i> Anamika Rathaur Trustee</p>
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New Delhi
08 June 2023

Asset head	WDV as at 01/04/2022	Additions		Transfers	As at 31/03/2023	Depreciation		WDV as at 31/03/2023
		Before 01/10/2022	After 01/10/2022			Rate	For the year	
Computers	20,952	-	-	-	20,952	40%	8,381	12,571
Total	20,952	-	-	-	20,952		8,381	12,571
Previous year	34,920	-	-	-	34,920		13,968	20,952

Mudita Foundation

Schedule of Fixed Assets as at 31st March, 2023

Schedule A



**MUDITA FOUNDATION
FOR THE YEAR ENDED MARCH 31, 2023**

SCHEDULE : B

NOTES TO ACCOUNTS

1. Significant Accounting Policies

- 1.1 Basis for accounting:
The accounts have generally been maintained on cash basis.
- 1.2 Fixed Assets:
Fixed assets are recorded at cost of acquisition which includes all incidental costs incurred to bring the assets to its usable form.
- 1.3 Depreciation:
Depreciation has been provided for on the written down value method in the manner and at the rates prescribed in the income-tax, 1961.

2. Schedules A and B form an integral part of the accounts.



8th June, 2023

M/s Koshi & George
Chartered Accountants
#3&4, Sector B Pocket 1,
Vasant Kunj,
New Delhi - 110070

Dear Sirs,

In relation to the audit of **Mudita Foundation** for the financial year 2022-23, we hereby affirm and certify that:

1. We have not made any payment other than by Account payee cheque or bank draft in cases of payments exceeding Rs.10,000/-;
2. We have deducted Tax deducted at source (where ever required) & deposited the same to the credit of the central government as per provisions of Income-tax Act, 1961;
3. All incomes and expenses of the organisation for the year, on cash basis, have been accounted for and nothing has been omitted from these accounts;
4. Following are the bank account(s) maintained by the organisation and balances thereon (as per bank pass book/statement) as on March 31, 2023

(i) Bank of Baroda A/c No : 0938 Balance : Rs.17,78,762.79

The organisation has no other bank account or deposit account other than this mentioned above.

5. All amounts shown as spent by the organisation have been spent for the purposes mentioned and all such expenses are in furtherance of the objects of the organisation;
6. The cash balance as on March 31, 2023 was Rs.180
7. There has been no debit of any expenditure of personal nature to revenue accounts;
8. Apart from a sum of INR 1,10,000 /- (One lakh Ten Thousand only) paid to Ms. Neha Pradhan Arora (Managing Trustee) for services rendered to the trust, no other payment was made and no part of the income or property of the society was lent to, used or applied for the benefit of, or diverted in favour of, any person referred to in section 13(3) of the income-tax Act, 1961
9. No part of the land, building or property of the society was made available for the use of any person specified in section 13(3);
10. The services of the society were not made available to any such party during the year
11. All assets purchased during the financial year 2022-23 is in the name of **Mudita Foundation**

Yours faithfully
For Mudita Foundation



Anamika Rathaur
Trustee



Registered Address: 6, CSC, Sector B-1, Vasant Kunj, New Delhi 110070
E mudita@muditafoundation.in W www.muditafoundation.in

Mudita Foundation is registered as a Charitable Trust under the Indian Trust Act 1882, Bearing Registration No.994 In Block No. 4, Vol No. 100

FORM NO. 9A [See rule 17(1)]

Application for exercise of option under clause (2) of the Explanation to sub-section (1) of section 11 of the Income - tax Act, 1961.



e-Filing Anytime Anywhere
Income Tax Department, Government of India

Acknowledgement Number -296982800260623

To
The Assessing Officer

DLC
WX
47

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WARD EXEMPTION 1(4), DELH

I, ANAMIKA RATHAUR, on behalf of [name of the trust/institution/association] MUDITA FOUNDATION Permanent Account Number (PAN) AAGTM1166M do hereby wish to exercise the option referred to in clause (2) of the Explanation to sub-section (1) of section 11 of the Income-tax Act, 1961 for an amount of ₹ 6,51,655 (detailed in A below) to be deemed to be the income applied for charitable or religious purposes during the previous year 2022-23 for the reasons mentioned in B below.

A. The details of income in this regard are:

(i) Amount of income derived from property held under trust / held under trust in part, during the above mentioned previous year:	₹ 21,49,432
(ii) Amount of income [out of (i)] actually applied to charitable or religious purposes in India:	₹ 11,75,362
(iii) Amount of income referred to in (ii) that falls short of 85% of the income referred to in (i):	₹ 6,51,655
(iv) The amount of income in respect of which the option is being exercised:	₹ 6,51,655

B. The reasons for the shortfall in application of income are as under:-

(a) Whether the income was not received during the previous year? If Yes, the amount of income that was not received:	No -
(b) any other reason ? If yes, then specify the reason and the corresponding amount of income:	Yes

Sl. No.	Reason for shortfall	Amount of income
1	We have projects to be undertaken in the forthcoming year in relation to which the shortfall will be adjusted.	651655

Designation: Trustee
Address: 6 CSC, Sector B Pocket 1, Vasant
Date: 26-Jun-2023
Place: New Delhi

Acknowledgement Number - 296982800260623

Income Tax Form submitted electronically on 26-Jun-2023 11:42:22 AM and verified by ANAMIKA RATHAUR having PAN/TAN ALVPR0721P on 26-Jun-2023 11:42:20 AM using Electronic Verification Code 7W8E4EG93I generated through Aadhaar OTP mode.

Acknowledgement Receipt of Income Tax Forms (Other Than Income Tax Return)



e-Filing Acknowledgement Number / Quarterly Statement Receipt Number
296982800260623

Date of e-Filing
26-Jun-2023

Name	:	MUDITA FOUNDATION
PAN/TAN	:	AAGTM1166M
Address	:	6, CSC, Sector B1, vasant Kunj, SOUTH WEST DELHI, Vasant Kunj, Vasant Kunj, Delhi, INDIA - 110070
Form No.	:	Form 9A
Form Description	:	Application for exercise of option under clause (2) of the Explanation 1 to sub-section (1) of section 11 of the Income - tax Act, 1961. This form is in compliance with rule 17(1).
Assessment Year	:	2023-24
Financial Year	:	-
Month	:	-
Quarter	:	-
Filing Type	:	Original
Capacity	:	TRU
Verified By	:	ALVPR0721P

(This is a computer generated Acknowledgement Receipt and needs no signature)



Registered address:

6, CSC, Sector B-1, Vasant Kunj, New Delhi 110070

E mudita@muditafoundation.in **W** www.muditafoundation.in

M +91-9810015625 / 9971076326