Vol. 16 *APRIL-JUNE 2024*

"Coming together is a beginning; keeping together is progress; working together is

success." Henry Ford

hree months into the new financial year of 2024-25, we are rejoicing in the collaborative effort we have been able to put together with new and old partnerships. The months have been busy, fruitful and hopeful.



With over 25

sessions facilitated

diverse participants,

we are proud of the

'Pahal' made in the

long with our ongoing training

every month with the youth

groups of Etasha Society, this

quarter we were invited twice to meet

the parents of the youth trainees, to

help them become aware of the law

in place to protect their own at their

workplaces. Two new partners - Bright

Futures and Learning By Local, invited

first quarter!

by our team, with



Similar sessions were organised for 3 of our new partners in Delhi NCR, namely Gulmeher (a women-driven enterprise, Y-Ultimate (a youth driven organisation using Ultimate Frisbee adolescents in low-income communities) and Tex Fasteners in Gurgaon (leading global manufacturer of premium and sustainable zippers along with metal trims). Busting myths on sexual harassment and gender, these conversations helped redefine safe and respectful workspaces for these teams.

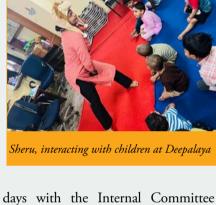
Sheru returned with some drama and movement to engage with children below the age of 10 at Shakti Foundation and Deepalaya. A poem to learn the body parts including the private body parts and a worksheet helped to reinforce the rules of personal safety that Sheru and the children learnt about.



We also had the opportunity of

At Ritinjali, we met the new batch enrolled in their Second Chance School program, in April, for a session on POSH. Our co-founders Anamika Rathaur and Neha Pradhan Arora, spent two

their trainees and fellows respectively.



(Part of the Edmund Rice network in India), helping them understand their role in the context of the POSH Act and its relevance in their workspace. During their stay, they also addressed 30 staff members of the school through a 2 hour awareness session.

members of St. Mary's School, Mt. Abu

Ritinjali and Shakti Foundation as well. While the two Pratyek sessions were online and focused on Child Sexual Abuse and Online Safety with the National Inclusive Children's Parliament members, the other two interactions focused on personal safety - and used games, stories and simple tools to explore concepts of personal boundaries, risk around us and how to stay safe. In an endeavor to take more

working with adolescents at Pratyek,

information about child protection to educators in every sphere, we were also able to conduct sessions at the Lotus Petal Senior Secondary Schools campus with different team members (housekeeping, transport, operations, kitchen, IT and other projects), Y-Ultimate, Shakti Foundation and at PratYek, with their National Inclusive Childrens' Parliament animators. Each of these sessions emphasized the need for educators to understand risk and safety from the perspective of the children and to acknowledge their own role and responsibility in ensuring the same.

Total Outreach

Pahal (awareness sessions)



666 Children, Adolescents, Youth & Adults

Leher (Training Programme)

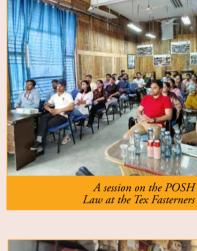


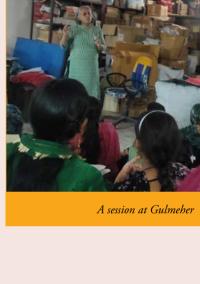
Educators

'I have worked as an employee at 4 different organizations so far and even after that I have never had a chance to get such a thorough understanding of how workplaces can become safer for everyone, let alone in such a structured manner. Glad to engage with Mudita Foundation and looking forward to learning more from them.' -Participant, Y-Ultimate

'Through this training I learned how to create a safe environment for children in my school and what precautions we need to take for their safety.'- Participant, Lotus Petal Foundation

that my son who is 14 years old also needs this information and I never discussed it too. Now I have. Thank you so much for arranging this session.' - Participant, Lotus Petal Foundation









with it new collaborations and partnerships. Deepalaya is an NGO working on holistic development of children through education. 28 teachers from their formal school, remedial centers

he new year always brings

field possible.

and vocational training centers, attended our two day training

program on creating safe classrooms and becoming safety champions. A

on that topic which is mandatory to know for all of us. Training was so knowledgeable and meaningful. The way of giving knowledge about formal authorities and non formal, whom to

As shared by a participant, "It was an

opportunity to be a part of the session

contact in such situations, how to deal with it, how to respond to a child in this situation etc. was very systematic. I learned many concepts related to child abuse and child violence and now I can say that I am capable enough to



team and helped them with more information on tools and resources that can be used in their classrooms.

Foundation

We followed up with Ritinjali, Navjyoti

and

Etasha's

Ritinjali teachers attended our workshop to get an in-depth understanding of child protection laws. The information shared on JJ Act was new for almost everybody in the group. They shared that they now

feel confident about reaching out to

DLSA for more information. The next workshop with them is scheduled in July and we are looking forward to their demonstrations of tools they will use in their classrooms. Navjyoti members team thoroughly enjoyed the body mapping activity and also reflected on building a better rapport with the children they worked with. The Etasha team was able to share with us some of their conversations with children in their classrooms and their emerging need

for more resources and tools in the

curriculum they are building.

omething very interesting is brewing in our work with the Safe Spaces at Laksh are excited

showcase to you all a short video on the journey of 'The Safe Spaces Project' so far. In May, we worked collectively with the adolescents and teachers of the villages to develop a script and spent an entire day shooting. It was a thrilling experience for all the children and teachers who participated in this effort. The desire and will to tell our collective story with the world, definitely helped us all beat the heat. We look forward to the final video being completed soon. We are also working to initiate new Safe Spaces with new partners in Delhi. Keep watching our social media space for more updates on this.

Mudita

effect from 1st April 2024.

As co-founder and erstwhile Trustee Foundation,

We feel pleased to share that our co-

founder Neha Pradhan Arora took on

the role of the Executive Director with

inception, she has been involved in strategising, designing and executing the programmes and building the organisation. Studying the interacting and collaborating with other experts, building partnerships, conducting action research designing simple and effective tools have helped her strengthen organisation's interventions and take them to over 8000 children, youth and adults across 150 organisations and communities.

We look forward to the team

continuing their committed efforts of

working towards a world where each

mudita

potential without the fear of abuse, violence and exploitation; and your continued support.

individual is living up to their full

Neha Pradhan Arora, Co- Founder and

Executive Director at Mudita Foundation

Seeking new corporate partnerships for engagement and fund support!

Fostering safe spaces where conversations on safety can be initiated is the first step in addressing abuse and violence which if not tackled can be a deterrent to living a life free of spaces and wish to support our work, do write to us.

fear and living to their full potential. If you are a corporate or an individual looking to support the fostering of such safe



M +91-9810015625 / 9971076326

Pahal Testimonials

