

It has been a busy and very fruitful quarter with 33 Pahal sessions, 4 Leher trainings and 2 new safe spaces projects.

Our team traveled across cities - from working relentlessly in the Delhi heat, to exploring new collaborations in Mumbai amidst the peak monsoon season, to training more than 25 teachers and staff members of CCBI, in the cool breeze of Nainital. The quarter has been nothing short of an experience and we are excited to share all the updates with you through this newsletter.



**Pahal**



With the Teach For India team in Mumbai

The more we work with children, the more we realise the increasing need of initiating personal safety conversations with children.

Through our consistent efforts to meet the same, this quarter we were able to reach out to 557 children in Delhi NCR. Our primary audience for these sessions were children below the age of 13 years. One of the most significant observations made by Sanjna, our Programme Coordinator, was children's hesitancy to talk about known people making them feel unsafe. Time and again reports have suggested that in most cases of child sexual abuse, the abuser is someone known to the victim, yet in our sessions, we observed that children hesitate to mention home or known persons as unsafe.

Our work with youth continued through one time sessions on 'Risks to Youth' organized with the help of our partner organizations like Etasha, Ritinjali and Bright Futures. At Etasha, we were invited to interact with the parents and family members of their students. On the occasion of 'the family day' at their Kailash Colony centre, we met 10 family members and briefed them about the POSH Act. Another informative session on POSH was organised at the Begumpur Khatola centre of Etasha, where we worked with the women trainees preparing to work in factories or start their small enterprises.

At Navjyoti India Foundation, we met a mixed group of parents and youth to create awareness about child rights and the need for child protection. This session was attended by 76 people

Ms Neha Pradhan Arora, our co-founder and executive director visited the Teach For India, Mumbai team to conduct an interaction on engaging parents in child protection activities.

She also led a 3 hour workshop that was attended by over 35 principals and leadership members of Loreto schools in India. She, along with our co-founder Anamika Rathaur, spent 3 days in Nainital with CCBI, building

awareness of their team on the POSH act and its implementation at their workplace, while also training the members of the Internal Committee.

In August and September, Ms Joyita Ambett, one of our co-founders led two online sessions for animators and organizational heads who are members of the National Inclusive Children's Parliament, hosted by Pratyek. The first of these was on the scope and challenges of implementing POCSO and the second on understanding the role of support persons and the compensation aspect in the POSCO cases. In each session cases handled by the participants were shared and discussed.

We are happy that some of our old collaborations with Sarthak Prayas and Emancipation were rekindled as they felt the need to engage more of their beneficiaries in conversations for safety. Team Alternate Atlas also invited us to brief their new team of outdoor trainers about child protection and the POCSO Act.

## Total Outreach

**Pahal**  
(awareness sessions)



**1162**

Children, Adolescents,  
Youth & Adults



**90**

Educators

**Safe Spaces Project**



**77**

Adolescents

## Pahal Testimonials

- मुझे बहुत अच्छा लगा खुल के बातें हुई और अच्छे से समझाया गया और बहुत सी चीज पर अभी भी काम करना चाहिए सरकार को लड़कों के लिए। मुझे बहुत अच्छा लगा और जानने की इच्छा है मैं समझने का तरीका भी अच्छा है मैं चाहता हूँ कि कुछ बदलाव हो।  
- participant, Second Chance School, Ritinjali

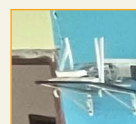
- Got more clarity on points of behavior. Attended a session like this for the first time, so it was very helpful. Good that we had it now before the trips. We will remember better. -  
Instructor, Alternate Atlas



Story telling at Sarthak Prayas



Building the safety circle



**Leher**



A group snap with the teachers at CHIP Mumbai

A new collaboration with CHIP Mumbai was initiated this quarter with the support of Rotary Club of Bombay Hills South Charities.

In the first phase, we initiated training with 35 adolescents and 30 teachers who work in municipal schools. Activities, games, discussions, helped them acknowledge the risks around them, how to recognise safe and unsafe behavior even as they learnt about what to do to prevent and tackle abuse.

One session was organized with the teacher trainees at Laksh Foundation, to delve deeper into understanding the

importance of emotional expression in safe spaces. Another follow up was scheduled with Ritinjali to help them explore more creative tools that can help initiate conversations about safety. The teachers demonstrated different tools that have been shared with them, especially stories. Everybody reflected together and positively shared their feedback to strengthen the exercise to be implemented with children in the classrooms.

## Leher Testimonials

'It was a very useful session for me because as a mentor I don't know about how to explain and present the topic on child protection. Now I am very happy to know all the information given by mudita foundation. All thanks to you and your team who work on this topic.'  
- teacher participant, CHIP Mumbai

- हमें बहुत कुछ पता नहीं था जैसे की हेलप लाइन नंबर क्या है और कौन कौन से कानून बनाये हुए हैं | इनके बारे में जानकारी मिली | - adolescent participant, CHIP Mumbai



Activities with the adolescents of CHIP Mumbai



Teachers demonstrating tools at Ritinjali

## The Safe Spaces Project



Energisers and games before the sessions at Pratyek

In July and August, we launched two new Safe Spaces Projects in collaboration with Shakti Foundation and Pratyek, respectively in Delhi. In the past three months, bi-monthly visits and sessions have been conducted by our Programme Coordinator, Sanjna who has been leading the project on field. These early visits included baseline activities, understanding safety as a concept and introduction to types and forms of abuse using creative tools like safety deals, community mapping and interactive games. We are excited and looking forward to seeing another two groups of safety champions emerge through these projects, as we ourselves continue to learn

from their experiences and sharings.

At Laksh Foundation, we revisited Manger village in August to interact with the secondary school teachers of the government school. A session on child protection and the POCSO law was organised and attended by 6 teachers. In the evening we met our adolescent safety champions and helped them recap some information related to types and forms of abuse. Together we also reflected on their role as safety champions in the village and how they have been exploring more possibilities to initiate safety related conversations with other members of the community.



A community walk with the children of Shakti Foundation



Delving deeper into the understanding of safety at Pratyek

## A note of gratitude

We are thankful to Rotary Club Of Bombay Hills South Charities for understanding the critical need of taking safety related conversations to the vulnerable children in Mumbai, and coming forward to support our work. As a part of their Mental Health program, we initiated a close collaboration with CHIP Mumbai to build the capacity of 30 adolescents and 50 teachers to become safety champions for themselves and the community they work in.

We believe that as much as it takes a village to raise a child, it is imperative that the village accentuates a safe environment for the child to be raised. We thank RCBHS for being that safe village for the children in Mumbai.

If you too can support our work in some capacity and help us build a safer world for more children, please contact us at mudita@muditafoundation.in to explore opportunities of collaboration.



Signing of the MoU with RCBHS

**DONATE NOW**



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