

Here we are, bringing you updates from the last quarter of 2024-25, standing firm in our belief that every effort counts — that even reaching one child, one educator, or one parent can nudge a powerful shift. A shift that empowers them to speak up against child sexual abuse, against work place harassment, to recognize and report unsafe situations, and to choose courage over silence.



Pahal



Awareness sessions for parents at CHIP Mumbai

Strengthening existing collaborations while forging new connections has been at the heart of our awareness efforts this quarter. Our focus continues to be on empowering individuals from all walks of life to become champions for child safety—amplifying the message that protection is a shared responsibility.

Building on our previous efforts, we were invited by Teach For India fellows (Sangam Vihar), Deepalaya, and Sarthak Prayag to engage with their children through interactive sessions that promote awareness about personal safety, confidence, and self-advocacy. These collaborations helped us to reach close to 175 children and adolescents and support their right to safety and well-being.

We conducted awareness sessions with Bachelor of Education students at Loreto College, Kolkata as they get ready to become teachers and create safe classrooms. We also conducted an awareness session with support staff at Loreto College on creating safe and respectful workplaces for all with a focus on the law protecting women.



Addressing the youth groups at NSIC, ITI

A new partnership flourished with Peepul, an organisation that helps improve government school education by empowering teachers, creating high-engagement classrooms & strengthening school administration and the system. 2 sessions were conducted online with the team



Personal Safety sessions with the Teach For India students at Sangam Vihar

4 awareness sessions for parent groups were organised as a part of our collaboration with CHIP Mumbai, reaching out to 150+ mothers and fathers, empowering them to identify child abuse and strengthening their role in prevention of the same. These were conducted in different Mumbai Public Schools run by the Brinhanmumbai Municipal Corporation.

Our efforts towards empowering youth groups to understand the POSH law and risks to their safety continued as we held sessions for Shakti Foundation, Etasha Society, Bright Futures India and Industrial Training Institute Gurugram. Etasha Society also invited us to National Small Industries Corporation to address groups of youth trainees enrolled in technical courses, hoping to enter the workforce soon.

In our effort to build collective responsibility, we also led an interaction on the need for safe spaces and critical conversations on safety with members of different Rotary Clubs in Kolkata.

Total Outreach

Pahal
(awareness sessions)

1125
(181 Children, 947 Adults)

Leher
(Training Programme)

137
Educators

Safe Spaces Project

25
Adolescents



Leher



A group photo of our safety champions at CHIP Mumbai

Leher aims at fostering collaboration among educators, caregivers, and community members, to build a shared understanding of risks, rights, and responsive actions—ensuring that child protection becomes a sustained and community-owned responsibility.

Our interventions to support the Loreto Schools continued with another group of 30 Internal Committee members in January in Kolkata. With this, each of their schools now has established Internal Committees with trained members, who went back to conduct awareness sessions in their schools and submitted their Annual Reports in January. Each of the trained Child Protection Officers and Internal Committee Members are now working towards building awareness and collective responsibility towards making the school community a safer place for everyone.

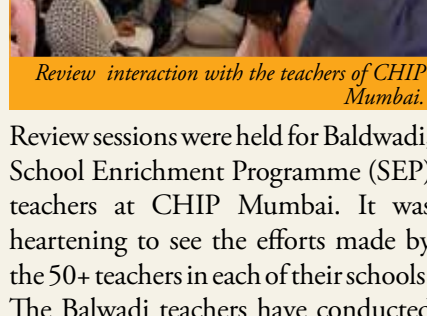


Leher program with the youth at Ritiinjali

The Mudita team also conducted 3 online sessions for the Principals of all the Loreto schools to reinforce the elements of the policies for child protection and safeguarding and for the prevention of sexual harassment at the workplace and the role of all important stakeholders in the school community. As an organisation we are encouraged by the commitment of the Loreto schools and proud to be a part of this journey with them. Online reviews will be held next month and a summary of the work done by the teams will help us see the collective impact across the schools.

We initiated a capacity building program for the participants of the Youth Programme of Ritiinjali. A 10-session module was designed and conducted to equip them with knowledge about the risks that surround them in the physical, virtual and professional world. With the help of interactive discussions, group activities, videos and case studies, these young participants dived deep into understanding abuse, violence, gender, patriarchy and power. Reflection helped them identify situations from their own life or environment where patriarchy and power plays a role. They worked to design action projects while struggling with team dynamics and the real world challenges of working

towards behaviour and mindset change. The programme ends in April with reflection on action and learning.



Review interaction with the teachers of CHIP Mumbai.

Review sessions were held for Balwadi, School Enrichment Programme (SEP) teachers at CHIP Mumbai. It was heartening to see the efforts made by the 50+ teachers in each of their schools. The Balwadi teachers have conducted awareness sessions with close to 1100 pre-primary children and close to 100 parents. The SEP teachers conducted sessions for 600 plus students across grade 1 to 8 and with 120 parents in their schools. Reflection, reinforced commitment and growing confidence was evident in their sharing. They are working towards reaching out to more parents in their school communities while also visiting local state protection stakeholders to become stronger safety champions.

The Adolescent group also met again to share their progress on their action project on online safety -

- 14 adolescents have carried out a survey on online safety with 120 adolescents
- 18 students prepared questions and went to the Oshiwara Police Station to liaison and understand the risks to children in their own neighbourhood. They also met representatives from the local Cyber Cell.
- 20 students conducted an awareness session with 54 children at CHIP on child rights and abuse.

- A group of students is working on a street play to be enacted in April.

The next interactions with them are planned in April.

The completion of our radio campaign that aired for 4 months in Uttarakhand's Rudrapur was another milestone for us. In 120 days, together with People's Power Collective and Mandakini Ki Awaz, we reached out to approximately 3.5 lakh listeners through creative radio programming like stories, public service announcements, interviews, quiz and riddles. This campaign was a result of our Leher training conducted with the RJs of People Power Collective radio stations in 2022. The

Testimonials

This Foundation's method of helping about learning people's and own rights is best. And it's good to share info about abuse in front of boys and girls both. Thanks for giving us information about many things that I don't know.

- Adolescent participant, Chip Mumbai

The session was enlightening and extremely useful to me as a school leader. The resource persons worked well, in sync with each other and delivered all presentations with adequate explanation. The free ambience interspersed with situational examples helped better understanding of the existing POSH, POCSO and IC existing policies within our Loreto school system.

- Mrs Aruna C Gomes, Principal, Loreto Convent, Entally

Collaborating with Mudita Foundation on the Surakshit Bachpan, Viksit Bachpan campaign has been an inspiring and deeply meaningful experience. Their grounded approach, vast knowledge in the field, and commitment to creating safe spaces for children have brought authenticity and impact to every step of the campaign. Together, we were able to co-create powerful radio content that not only raised awareness on the prevention of child abuse but also sparked important conversations across the region, which were visible in the community voices we got to hear.

We are grateful for this partnership and proud of what we've built together for child safety and well-being, and hope there will be further such opportunities.

- Nidhi Anand, Head of Programs, People's Power Collective

successful execution of this campaign is exemplary as it reinforces the impact that can be created through innovative community spaces and collective efforts in ensuring child safety and protection.



Online meet with the Principals of Loreto group

The Safe Spaces Project



Celebrating our safety champions at Laksh Foundation

When a girl participant present at the culmination event of Safe Spaces Project at Laksh Foundation said, 'लग रहा है जैसे आज सेफ्टी की शिद्दी है', we were amused. Yet it left us wondering, what made her think that. Indeed the event was nothing less than a celebration. There was music, dance, reflections, activities and acknowledgement of the hard work put in by all the adolescents who had been participating in Safe Spaces activities over the last three years. All the efforts of our safety champions were recognised with certificates and badges, even as they pledged actions they will take for their own safety, the safety of their friends and their communities. The highlight of the event was Manzil Mystic's energetic musical performances and the composition built by them and all the safety champions together on safety with a chorus that echoed - सुरक्षा है जरूरी, मलिकर करे पुरी |

Meanwhile, 5 visits were conducted between January and March at Shakti Foundation, focusing on themes of online risks and abuse, bullying and child sexual abuse. After a recap and quiz on online risk and abuse, the groups explored bullying and reflected on their own actions and experiences, in January. In March, the groups received critical information on personal safety starting with body mapping and learning the names of the private parts of the body, identifying safe and unsafe touch and behavior, learning how to say no and knowing who their trusted adults and safety network are. Each of these spaces created, makes it possible for children to come forward and ask questions, to share their feelings and even ask for help.

Testimonials

कॉलेज और स्कूल में जाकर सुरक्षा के बारे में बताऊँगी और मैं अपने गाँव में शोषण के खिलाफ आवाज उठाऊँगी।

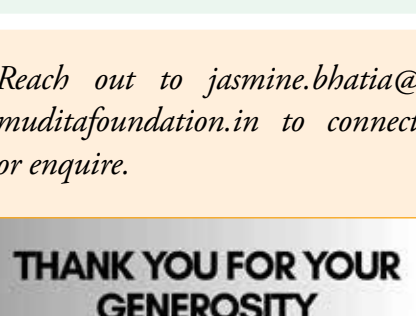
- A pledge by one of the safety champions.

मैं अपने आप को सुरक्षित रखूँगी।

मेरे साथ कुछ गलत होगा तो आवाज उठाऊँगी।

मैं अपने आप में बदलाव लाऊँगी।

- A pledge by one of the safety champions.



Body mapping activity with the adolescents at Shakti Foundation

As we close the final quarter of 2024-25, we feel stronger and better prepared to pursue the goals we've set for the coming year. We are deeply grateful to our donors and supporters whose unwavering commitment has helped us achieve significant milestones over the past three months—and who continue to stand with us as we strive to create even greater impact.

A special thank you for helping us raise more than 6.5 Lakhs as a part

of our annual crowd fundraiser, ensuring that we will be able to create awareness among 2025 children, parents and educators, empowering them to identify and prevent Child Sexual Abuse.

You too can be part of this journey. Support our programs through sponsorship, help us expand our reach by connecting us with like-minded networks, or contribute your skills to strengthen and enhance our work on the ground.

THANK YOU FOR YOUR GENEROSITY

7 Lakhs+ raised

With the help of 99 donors from across the nation.

We are now ready to empower 1500 children, 300 parents and 225 educators through our awareness programs on CHILD SEXUAL ABUSE

mudita

DONATE NOW



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